

**Workplace health and wellbeing.  
Better for business**



# Keep your team performing with flexible physio.

Accessible physio helps reduce muscle, bone and joint (MSK) problems costing businesses money in lost working days.

We've partnered with Ascenti to get your team on the road to recovery, fast. No long waits. Just the right physio support at the right time.

# Keeping your business moving



## Lower absences

MSK conditions are the second biggest reason for sick days in the last decade.<sup>1</sup> We intervene early before problems get worse. Less time away, more money saved.



## Convenient treatment

With over 300 clinics nationwide, we treat 95% of our customers within 5 miles of their home or workplace.<sup>2</sup>



## Speedier solutions

There's no waiting to see a GP – employees simply call us and we'll book them in for triage; quickly arranging the most suitable treatment or self-care, remotely or face to face.



## Productive teams

Healthy people lead to a healthy business. Aches and pains can get in the way, but they don't have to stay.

## How we help your people

It's all personal. Depending on their needs, we may offer:

- ✓ self-management via our physio app
- ✓ virtual physio treatment by video
- ✓ face-to-face physiotherapy at a local clinic
- ✓ onward referrals for further support



**Contact your Bupa account manager for more information**

<sup>1</sup>Source: ONS, 2021 (<https://www.ons.gov.uk/employmentandlabourmarket/peopleinwork/labourproductivity/articles/sicknessabsenceinthelabourmarket/2020>).

<sup>2</sup>Source: Ascenti internal data, 2022