



## List C: Advanced therapies covered by your policy – May 2025

New treatments become available all the time and we regularly review them so you can access the latest medical advances. Lists A, B and C are the lists of advanced therapies that are covered by our policies. Advanced therapies fall into three main types: gene therapy medicines, somatic-cell therapy medicines and tissue-engineered medicines. These are defined by the European Medicines Agency and within the UK as Advanced Therapy Medicinal Products (ATMPs).

Please check your membership or trust certificate or guide to find out whether your policy covers **List A**, **List B** or **List C**. If your certificate or guide:

- mentions **List C**, then **List C**, which is this list, applies to your policy.
- mentions List B, then List B applies to your policy, see List B here [www.bupa.co.uk/list-b-advanced-therapies](http://www.bupa.co.uk/list-b-advanced-therapies)
- mentions List A, then List A applies to your policy, see List A here [www.bupa.co.uk/list-a-advanced-therapies](http://www.bupa.co.uk/list-a-advanced-therapies)
- doesn't mention either List A, B or C, then List A applies to your policy and can be found here [www.bupa.co.uk/list-a-advancedtherapies](http://www.bupa.co.uk/list-a-advancedtherapies)

As new therapies and medical information become available, we may add or remove them from these lists. You can find more information about when these lists may change in the Changes to Lists section of your membership or trust guide.

You may wish to share this list with your doctor so it's important that you access the latest version at [www.bupa.co.uk/policyinformation](http://www.bupa.co.uk/policyinformation)

We will only fund advanced therapies that are listed below and are covered by your policy.

Please make sure you call your usual Bupa helpline to authorise any of the advanced therapies listed below before treatment begins. You can find the phone number on your membership or registration certificate or in your guide. We're open from 8am to 8pm Monday to Friday and 8am to 4pm on Saturdays. We're here to help.

## List C: Advanced therapies

Information for you			Information for your doctor	
(i) Generic name	(i) Condition	Bupa authorisation required before treatment begins	When covered by Bupa	Bupa code
(ii) Brand name	(ii) approval required from a multi-disciplinary team			
(i) Spheroids of human autologous matrix-associated chondrocytes (ii) Spherox	(i) Symptomatic articular cartilage defects of the knee only AND (ii) No	Yes	Treatment of adults with a fully closed epiphyseal growth plate <ul style="list-style-type: none"> <li>- With symptomatic articular cartilage defects of the femoral condyle and the patella of the knee (International Cartilage Regeneration &amp; Joint &amp; Preservation Society [ICRS] grade III or IV)</li> <li>- The defect is over 2cm<sup>2</sup> but no larger than 10cm<sup>2</sup></li> <li>- Who have not had previous surgery to repair articular cartilage defects</li> <li>- Where there is minimal osteoarthritis damage to the knee</li> <li>- The procedure is being done by a specialised orthopaedic surgeon</li> </ul>	W3140