



## Bupa Ovarian Health

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Worried that your family history or age could affect your ovarian health? Take positive action with an extensive check.

### Why choose the Bupa Ovarian Health Check

Every year in the UK nearly 7,000\* women are diagnosed with ovarian cancer. There are no symptoms in the early stages of this silent killer which is often diagnosed too late. The Bupa Ovarian Health Check offers tests which are thought to be the most effective screening check available.

### Fast results and unhurried advice

With Bupa, you receive your results as quickly as possible. Even better, you have plenty of time to talk to one of our doctors about what they mean. Our doctors are on hand to answer all your questions.

\* Source: Women's Health Concern 2007

0845 604 0612  
[www.bupa.co.uk/wellness](http://www.bupa.co.uk/wellness)



# What's included

A blood sample is taken to measure for an antigen that can indicate ovarian cancer. You then undergo an ultrasound of your pelvic area, during which you are given a clear picture of your ovarian health. This is followed by a consultation with a doctor - who explains the tests and its implications in detail. You will receive the combined result of both tests as quickly as possible.



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## Medical tests

### Medical history

Complete a short questionnaire about your background and medical history.

### Blood test

Check for the antigen CA 125, which is elevated in some women with ovarian cancer.

**Total duration:** 45 minutes

### Ultrasound

A scan of the pelvic area.

### Consultation

Talk through your concerns.

**Time with doctor:** Up to 15 minutes with a 15 minutes follow-up to discuss results

Call 0845 604 0612\* to book an appointment  
[www.bupa.co.uk/wellness](http://www.bupa.co.uk/wellness)

Bupa Wellness, Battle Bridge House, 300 Gray's Inn Road, London WC1X 8DU. Bupa Wellness Health Assessments are provided by Bupa Occupational Health Ltd. Registered in England and Wales no 631336. Registered office, Bupa House, 15-19 Bloomsbury Way, London WC1A 2BA.

\*Lines are open Monday to Friday 8am to 6pm. Calls may be recorded and monitored. BT landline calls to 0845 numbers will cost no more than 3.95 pence per minute. Charges from other providers may vary and calls from mobiles usually cost more.

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