



Bupa Liver Health

You might love indulging in fine food and drink. But do you ever wonder if your lifestyle is affecting your health?

Why choose the Bupa Liver Health Check?

Nowadays, we eat and drink more than ever before - but we don't always make the healthiest choices. Liver problems are linked to alcohol consumption and obesity. In the early stages, they can be very hard to detect. Thankfully, if caught early enough, they can often be treated.

Fast results and unhurried advice

With Bupa, you receive your test results as quickly as possible. Even better, you have plenty of time to talk to one of our doctors about what they mean. You receive diet and lifestyle advice too.

0845 604 0612
www.bupa.co.uk/wellness



What's included

We use the latest specialised scan to obtain the most accurate picture of your liver's health. Capable of spotting abnormalities before blood tests can, it checks for signs of fibrosis and cirrhosis which can result from lifestyle issues, metabolic syndrome and excessive alcohol intake. It does this by sending vibrations through your liver to see how flexible it is. A stiff liver maybe an unhealthy one.



Medical tests

Medical history

Complete a detailed questionnaire about your background and medical history.

Consultation

Talk through concerns and receive lifestyle advice.

Total duration: 75 minutes

Scan

The FibroScan® is non-invasive and normally painless.

Blood test

Liver function blood test.

Time with doctor: Up to 30 minutes

Call 0845 604 0612* to book an appointment
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Bupa Wellness, Battle Bridge House, 300 Gray's Inn Road, London WC1X 8DU. Bupa Wellness Health Assessments are provided by Bupa Occupational Health Ltd. Registered in England and Wales no 631336. Registered office, Bupa House, 15-19 Bloomsbury Way, London WC1A 2BA.

*Lines are open Monday to Friday 8am to 6pm. Calls may be recorded and monitored. BT landline calls to 0845 numbers will cost no more than 3.95 pence per minute. Charges from other providers may vary and calls from mobiles usually cost more.

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