



Bupa Sexual Health

A clean bill of sexual health is hugely reassuring. Bupa offers a discreet and extensive series of tests that can put your mind at rest.

Why choose the Bupa Sexual Health Check?

Sexually transmitted infections are on the increase in the UK. They are particularly prevalent in the young, but research shows that they've doubled among the over 45s in under a decade.* Some can lead to long-term complications. It pays to catch them early.

Fast results and unhurried advice

With Bupa, your results are processed and sent to you as quickly as possible. Even better, you have plenty of time to talk through any concerns with one of our understanding doctors - who'll give you sympathetic advice.

* Source: HPA 2008

0845 604 0612
www.bupa.co.uk/wellness



What's included

You have a half-hour consultation with a doctor - to chat through your concerns and undergo a physical examination. Blood and urine samples are then taken so you can be tested for a full range of sexually transmitted diseases. These include: HIV, gonorrhoea, chlamydia, syphilis and hepatitis B and C. If necessary, you can be referred on to a specialist or offered treatment.



Medical tests

Sexual health history

Complete a questionnaire about your background and medical history.

Physical examination

A physical check for problems.

Total duration: 30 minutes

Consultation

Receive understanding advice.

Blood and urine tests

Both blood and urine samples are taken, so you are tested for a wide range of infections.

Time with doctor: Up to 30 minutes

Call 0845 604 0612* to book an appointment
www.bupa.co.uk/wellness

Bupa Wellness, Battle Bridge House, 300 Gray's Inn Road, London WC1X 8DU. Bupa Wellness Health Assessments are provided by Bupa Occupational Health Ltd. Registered in England and Wales no 631336. Registered office, Bupa House, 15-19 Bloomsbury Way, London WC1A 2BA.

*Lines are open Monday to Friday 8am to 6pm. Calls may be recorded and monitored. BT landline calls to 0845 numbers will cost no more than 3.95 pence per minute. Charges from other providers may vary and calls from mobiles usually cost more.

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