

# OUR DENTAL SERVICES EXPLAINED

## Dental consultation

The dental consultation is an annual oral health assessment and involves a thorough evaluation of your gums, teeth and all visible oral tissues and structures. The purpose is to identify existing or potential problems, develop a treatment plan (if needed) and show you how to maintain excellent oral health.

## Oral hygiene

Hygienist visits are an important part of your ongoing dental care. As well as scaling, cleaning your teeth and giving dietary advice, your hygienist will teach you how to look after your teeth and gums at home.

## Cosmetic dentistry

We offer a full range of the latest cosmetic dentistry options including Smile Design, teeth whitening, tooth-coloured restorations, veneers, implants and orthodontics.



Find out more about  
Bupa Dental Services

Call now on  
**0845 600 4779\***

quoting code Dental 0001  
No membership necessary  
[www.bupa.co.uk/dentalservices](http://www.bupa.co.uk/dentalservices)

LOOKING AFTER EVERY  
ASPECT OF YOUR HEALTH

Did you know that Bupa offers a wide range of additional services at Bupa Centres across the UK that help keep you feeling healthy from top to toe?

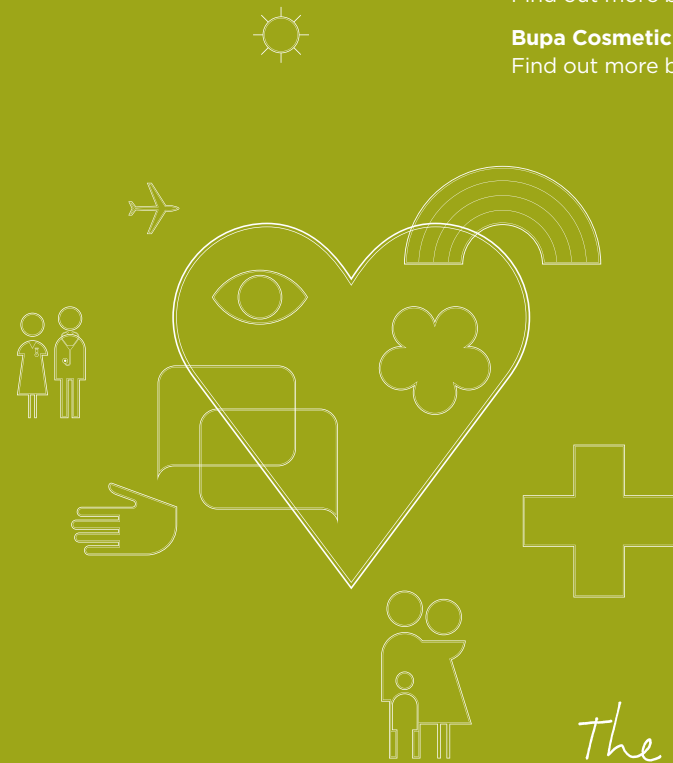
**Bupa Health Assessments**  
Find out more by calling **0800 66 55 77\***

Or visit [www.bupa.co.uk/keeping-well](http://www.bupa.co.uk/keeping-well)

**Bupa Fitness Assessment**  
Find out more by calling **0800 66 55 77\***

**Bupa Physiotherapy**  
Find out more by calling **0845 600 4778\***

**Bupa Cosmetic Treatments**  
Find out more by calling **0845 600 6034\***



*The world of Bupa*

[www.bupa.co.uk](http://www.bupa.co.uk)

\*Calls may be monitored and recorded. Lines are open Monday to Friday 8am-6pm and Saturday 8am-1pm. Bupa Dental Services are provided by M. Spencer Swaine Limited. Registered office: Bupa House, 15-19 Bloomsbury Way, London WC1A 2BA. Registered number 00479557.

RM/7010/11



**BUPA DENTAL SERVICES**

**DENTAL CARE TO SUIT  
YOUR NEEDS**

All the dentists at Bupa Centres are highly experienced and able to provide the most up-to-date general, preventative and cosmetic procedures to individuals and business customers.

[www.bupa.co.uk/dentalservices](http://www.bupa.co.uk/dentalservices)

**Bupa. Helping You Find Healthy**

# RELAX. YOU'RE IN GOOD HANDS

We take great care in selecting our dentists, hygienists and specialists to make sure that as well as being experienced in their respective fields, they are committed to providing you with the highest standards of professional treatment and care.

And whether you come to us for the smallest of fillings or the most complex of dental problems, we will help you feel at ease.

## APPOINTMENTS AT TIMES TO SUIT YOU

Most Bupa Centres offer same day appointments because we know how difficult it can be to fit treatment into a busy life.

## NOT A BUPA MEMBER? NO PROBLEM

Anyone can come for treatment to a Bupa Centre - you don't have to be a member and we also welcome patients with dental insurance from other providers.

# DENTAL SERVICES FROM BUPA CENTRES

Bupa offer dental services in three centres in London. To see at a glance the wide range of dental services available at each, see the table below.

## OUR DENTAL SERVICES

	Bupa Centre Gough Square	Bupa Dental Centre Bank	Bupa Centre Canary Wharf
Dental consultation	✓	✓	✓
Hygienist	✓	✓	✓
General dentistry (Fillings and Crowns)	✓	✓	✓
Emergency treatments	✓	✓	✓
Cosmetic dentistry	✓	✓	✓
Tooth whitening	✓	✓	✓
Dental implants		✓	
Periodontics (Gum treatments)		✓	
Endodontics (Root canal treatments)		✓	
Orthodontics		✓	
Oral surgery		✓	
Snoring solutions		✓	

For more information visit [www.bupa.co.uk/dentalservices](http://www.bupa.co.uk/dentalservices)  
**To book an appointment call 0845 600 4779**

# HOW TO FIND US



**Bupa Dental Centre Bank**  
 36-38 Cornhill, London, EC3V 3ND  
 Open Monday-Wednesday 8am-5.30pm  
 Thursday 8am-6.30pm and Friday 8am-4.30pm



**Bupa Centre Central**  
 10 Gough Square, London, EC4A 3DE  
 Open Monday-Friday 8am-5.30pm



**Bupa Centre Canary Wharf**  
 50 Marsh Wall, London, EC3V 3ND  
 Dental appointments: Tuesday and Friday 8am-4pm  
 Hygienist appointments: Wednesday 8.30am-5pm