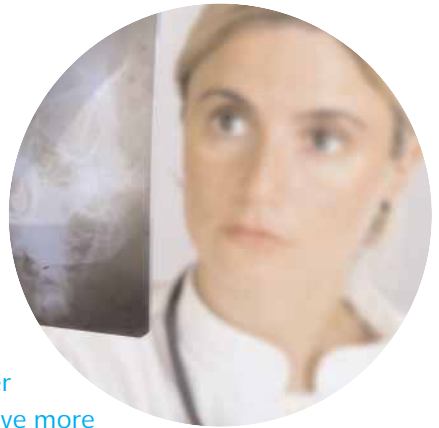


GP services

“ I saw a
doctor sooner
and had plenty
of time to talk
things over ”

BUPA 

No more waiting - now you can see a doctor sooner rather than later



With our private doctor service, time is on your side at last. Available to see you sooner rather than later, your private doctor will have more time to look at your health in a broader context and develop a clearer picture of your needs and concerns.

Great care is taken in selecting our doctors to ensure that, as well as having the highest levels of clinical expertise and the empathetic qualities you'd expect, they are committed to providing the highest standards in general practice consultation.

Both male and female doctors make up our team of experienced general practitioners; they, in turn, are supported by some of the UK's leading medical specialists.

Private GP services

- Appointments of 15 minutes or longer
- Prescriptions
- Repeat prescriptions
- Private consultant referrals
- Routine appointments or occasionally for advice

Other services

We offer a range of other nurse and doctor-delivered services at most of our centres. These include:

- Blood tests
- Flu vaccinations
- Health assessments
- Travel advice and vaccinations
- Wellwoman services, including contraceptive advice
- Physiotherapy, sports and orthopaedic medicine

Appointments

When you call, we'll ask you how much time you think you need to spend with the doctor. A 15-minute appointment is usually sufficient for minor problems. If, despite booking a short appointment more time is required, we will endeavour to make this available to you. But there will be a charge for extra time. We aim to offer you an appointment within one working day for a routine appointment and will try to accommodate urgent requests on the same day.

Prescriptions

Our doctors will give you private prescriptions rather than NHS prescriptions, which means that you pay for the cost of the drugs and a chemist's dispensing fee. For many commonly used drugs, the cost is unlikely to exceed the NHS prescription charge significantly. We will advise you if the cost is likely to be high and discuss your options.

Repeat prescriptions

We offer a repeat prescription service to our regular clients. If you have seen one of our private doctors before and were prescribed medication, you may be able to request a further supply without always needing another appointment. Repeat prescriptions are issued solely at the doctor's discretion and your request must be received in writing in order to meet audit requirements. There is a small fee for repeat prescriptions, payable on receipt of the prescription.

Private consultant referrals

We have extensive experience in accessing private health care and hold a large database of consultants who have provided care for our patients. If you need specialist attention, your private doctor will recommend the right consultant for your condition. Please remember to check that you are either insured for any referral or that you have alternative arrangements in place to meet the costs.

We do not normally have access to NHS clinics with the exception of accident and emergency, sexual health and family planning clinics.

Registrations and confidentiality

The first time that you contact us, we will ask you to provide some personal details and open a confidential medical file for all your records. These are subject to the same strict rules of confidentiality that you would expect of any medical records. No information will be passed to any third party without your consent.

Will seeing a private GP affect my relationship with my NHS GP?

We aim to offer a level of care that is right for you and your circumstances. You may choose to use the BUPA Wellness service for all your routine doctor requirements or just occasionally for advice - it is entirely up to you. However, we strongly advise that you remain on the list with an NHS GP, close to your home, to ensure assistance in the event of a medical emergency or if you require continuing care for a long term medical condition.

Opening hours

Our opening hours vary by centre, but appointments are usually available on weekdays from 8.30am to 5.15pm. Evening consultations may also be available, please ask for details.

Prices

Prices start at £57 for a 15 minute appointment. Initial appointments of 30 minutes may be required at some centres. Our prices will be reviewed on 1 April 2008.

For more information about the range of BUPA Wellness services visit our web site www.bupa.co.uk/wellness

Where to find us

Birmingham	11 Portland Road, Edgbaston B16 9HN	0800 616 029
Blackpool	St Walburgas Road, Blackpool, Lancs FY3 8BP	0125 330 8058
Brentwood	Eagle Way, Brentwood, Essex CM13 3LE	0127 726 6764
Bristol	The Spectrum Building, Bond Street, Bristol BS1 3LG	0117 912 2900
Edinburgh	118 Corstorphine Road, Edinburgh EH12 6TU	0131 316 4400
Gatwick	Povey Cross Road, Horley, Surrey RH6 0BB	0129 377 1913
Glasgow	8th Floor, 9 George Square, Glasgow G2 1DY	0141 800 4000
Leeds	Trafalgar House, 29 Park Place, Leeds LS1 2SP	0113 381 5400
London, Canary Wharf*	14 Columbus Courtyard, Westferry Circus, London E14 4DA	0800 616 029
London, Central	10 Gough Square, London EC4A 3NJ	0800 616 029
London, City	Austin Friars House, 2 - 6 Austin Friars, London EC2N 2HD	0800 616 029
London, King's Cross	Battle Bridge House, 300 Gray's Inn Road, London WC1X 8DU	0800 616 029
London, West End	13 Queen Anne Street, London W1G 9JH	0800 616 029
Manchester	Russell Road, Whalley Range, Manchester M16 8AJ	0161 232 0102
Nottingham	4 Millennium Way West, Phoenix Park West, Nottingham NG8 6AS	0115 879 3600
Wirral	Holmwood Drive, Thingwall, Wirral, Merseyside CH61 1AU	0151 929 5211

* To book please call the centre direct. Also offers counselling services.

Other BUPA Wellness services

Health assessments

A choice of health checks providing up to 40 medical tests with the majority of results available on the day. You also get plenty of time with a BUPA doctor and a personalised report to take away on the day.

Physiotherapy, sports and orthopaedic medicine

Fast and effective treatment for all types of back problems, sport injuries and other physical conditions.

Dental services

Our London centres are specialists in preventive dental care, offering oral health assessments, traditional care, cosmetic dentistry and specialist treatments.

Call us now on
0800 616 029
to make an appointment or
for more information
Lines are open Mon to Fri,
8am to 6pm.
Centre opening times
may vary.

For more information about our services visit our website www.bupa.co.uk/wellness

