

CASE STUDY

CONTINUING CARE IN THE HOME



Sophie was born prematurely at just 25 weeks and developed breathing difficulties due to scarring of the vocal cords from ventilator tubing, as well as chronic lung disease. She was given a tracheostomy at 4 months old.

For the parents it was an incredibly difficult time. On top of numerous trips back and forth to the hospital, there was continual stress and worry. The constant need for suctioning and a vulnerability to infections meant Mum and child felt isolated and homebound, while Dad spent many nights in hospital before working the whole day. The pressure was unbearable.

Following a formal Continuing Care assessment, NHS Ealing offered support at home, which was gladly welcomed. They arranged for Bupa Home Healthcare, as one of the approved providers, to provide regular, weekly support from a trained clinical support worker. Highly trained and experienced carers helped with feeding, suctioning and general care for the tracheostomy providing much needed relief. Mum received regular rest from the mental and physical strain and exhaustion.

It also meant that when Sophie's little sister was born, Mum was able to spend more time with her too. "I've been able to trust the people from Bupa Home Healthcare enough to leave Sophie with them" said Mum. "You can tell [the carers] really care, and it's been a big help from the exhaustion and strain we all felt".

(Names have been changed for patient confidentiality)

CONTACT US

To find out more about our complex and continuing care service, please call **01279 456789** or email enquiries@bupahomehealthcare.com

