

Find us information

Compounding and Aseptic Manufacturing
and Education and Training Centre:

**Unit 4, Spire Green Centre,
Flex Meadow,
The Pinnacles,
Harlow CM19 5TR**

Tel: 01279 456789

**The nearest train station is Harlow and our advice is to
take a taxi from the station.**

Directions from the M11:

- Exit Junction 7, follow A414 to Harlow.
- Go straight over roundabout, left at second roundabout onto Second Avenue.
- Go straight over next two roundabouts; at third roundabout take 1st exit onto Third Avenue.
- Go straight over next roundabout. At traffic lights go straight across and then straight over next roundabout (still on Third Avenue).
- At next roundabout go straight over into Flex Meadow.
- Take the 2nd right into Spire Green Centre.
- Bupa Home Healthcare is in Unit 4.

Directions from the A10:

- Exit the A10 on the A414 signposted Ware and Harlow.
- At the roundabout take the fourth exit following the A414 Eastwick Road for approximately 5 miles.
- Turn right at the next two roundabouts bringing you onto Elizabeth Way.
- Turn left at roundabout.
- Go straight across two sets of traffic lights.
- Turn right at the next roundabout into Flex Meadow
- Take the 2nd right into Spire Green Centre.
- Bupa Home Healthcare is in Unit 4.

