

Specific health screenings

Colon Health



Using a specialised CT scan to create images of your bowel, we look for signs of bowel cancer and polyps. Polyps are small growths that may need monitoring and sometimes removing.



Suitable for:

- People aged 45 and over*
- Those who are low risk (used as an initial screening)

*Testing intervals must be at least 5 years apart

*Not recommended for those with symptoms and/or a strong family history of bowel cancer. Alternative tests may be more appropriate.



Times

- In-centre consultation - up to 30 minutes
- Scan - times may vary
- Phone or face-to-face conversation with a Bupa doctor (around two weeks later) - 15 minutes



What's included?

- Pre-check information pack
- Doctor consultation to talk through any concerns and your suitability for the scan
- CT scan of colon and rectum if appropriate. (Note: to successfully complete this scan, you'll be asked to take a bowel preparation a couple of days in advance. The scan will take place on a different day and at a separate location to your consultation.)
- If it's not possible to go ahead with the scan, the doctor will offer advice and a referral if needed
- Conversation with a Bupa doctor on the test results. They'll also run through next steps if necessary