



Bupa Family Mental HealthLine. We're listening

For
employees
with Bupa
health
cover

If you're worried about your child's emotional wellbeing, advice and support is just a phone call away. Parents and carers can speak to a trained adviser and mental health nurse, who'll listen and give advice on what to do next. It doesn't count as a claim, we're just here to help.

Call us every weekday from 8am to 6pm

Calls may be recorded and to maintain the quality of our service we may monitor some calls, always respecting the confidentiality of the call.

Better for business

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