

Dental Choice

Welcome to better dental care

Bupa dental insurance



Looking after your smile has never been easier

Seeing a dentist shouldn't be difficult

But with long wait times and expensive treatments, accessing the right care isn't always easy.

With our dental cover you can see a dentist quickly, get cashback on your treatment and access big benefits at the UK's only insurer-owned practices. It's not just clear cover, it's convenient care.

Our key dental benefits:

- ✓ care at Bupa-owned practices
- ✓ money back on routine check-ups and treatment
- ✓ nothing extra to pay for new patient exams at Bupa Dental Care practices
- ✓ the freedom to see any dentist you like
- ✓ cover for oral cancer, injury, emergency and specialist treatment
- ✓ worldwide cover for essential treatment

Getting started

[Download our getting started guide](#) for help getting set up, having treatment or making a claim.

You'll find answers to common questions in our [What to expect guide](#).

Remember, you can see exactly what you're covered for in your policy guide and you can also find this information in My Bupa.



How our dental cover works



Get booked in

Booking in with a Bupa dentist is easy [online](#). Or, you can stick with your current one, if you've got a good thing going.

Get treated

Get the treatment you need from your chosen dentist.

Get going

At most Bupa Dental Care practices, we'll sort the admin at the reception desk. Your treatment may even be fully covered, so there's nothing to pay.

Claim in a tap with the app



Haven't used a Bupa Dental Care practice? No problem. Just keep a copy of your receipt and submit your claim to us in **My Bupa**.



We don't just cover your smile, we care for it too

You can use your Bupa cover at any dental practice you like - NHS or private. **But choosing a Bupa Dental Care practice just makes perfect sense.**

From all included treatment to instant claiming, everything works seamlessly because it's all delivered by Bupa.

That's our expert stamp, every step of the way

Bupa dental care UK is rated **Excellent**

Based on 22,177 reviews



★ Trustpilot

New

A new patient exam, on us

A free check-up? Don't mind if I do...

Only at a Bupa Dental Care practice can you get your next new patient exam on us.

If your dentist needs to take small x-rays as part of your new patient examination, these are also included at no additional cost.



New patient exams

**Better with
Bupa**



Pop in to a Bupa Dental Care practice and we'll cover your new patient exam in full.



Lock in better savings

We roll out the red carpet for our members.

Only at Bupa Dental Care practices
can you save up to **20% off**
the cost of your treatment.*

Making those benefit allowances stretch even further.

*You must tell the dentist you have Bupa dental insurance and provide your membership number prior to your appointment to benefit from this offer. 10% or 20% discounts are available depending on the practice and the dentist you are seeing. To find the selected Bupa owned and approved network dental practices where this offer is available, see finder.bupa.co.uk and search the Bupa Dental Insurance Network. Discount excludes laboratory fees and specialist treatment and cannot be used against NHS and Bupa Dental Essentials services. Discount cannot be used in conjunction with any other discount.

Better with
Bupa



Exclusive savings to
be had, only when
you visit a Bupa Dental
Care practice.



Less waiting. More smiling

Only at Bupa Dental Care practices can you book with confidence.

Your time matters. So we guarantee it. We lock in your appointments quickly, so you aren't left in limbo.

On the day, there's no faffing around with forms either. You're seen fast, sorted sooner and back to your best with a smile on your face, all before your next meeting.

*Most Bupa Dental Care practices forward claims and are agents of Bupa Insurance Limited. Any claims for dental injury treatment and oral cancer cannot be processed by the dental practice. You'll need to send us a claim for a dental injury. For oral cancer claims you'll need to call us.

Better with
Bupa



Book an appointment online with ease. And with **Instant Claim**,[^] we'll quickly sort your admin at the reception desk.

Bigger and better benefits for 2025



+ Bigger benefits

We'll pay for your new patient exam in full when you use a Bupa Dental Care practice. That means nothing extra to pay, no matter what level you're on.

+ A better app experience

It's easier than ever for you to manage your cover in My Bupa. You can now see at a glance how much you can claim before your policy renews. You can also send your claims via the app too.

What else have we been doing?

We've changed our terms. We now:

- ✓ cover anti-snoring devices
- ✓ replace implants, bridges and dentures if they fail
- ✓ extend continuity of cover for a dental injury
- ✓ cover from 16 years old

We've removed our hospital stay cash benefit

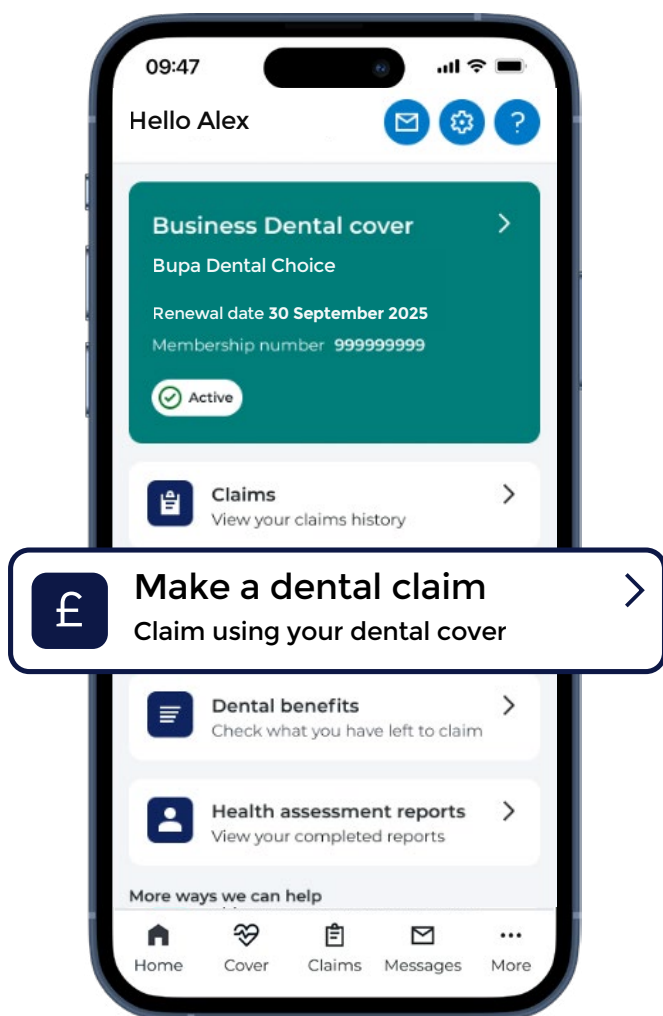
We found customers weren't staying overnight for dental treatment. This change means we can prioritise other benefits to better support our customers.



Your cover, on-demand

In-app or online, managing your cover's a breeze.

Remember, we'll sort your claim for you at a Bupa Dental Care practice, but we're all about options too. That's why it's dead easy to claim in our app. Here's what you can do...



- ✓ **Submit claims**
Submit your claims quickly and easily online.
- ✓ **View benefits remaining**
See what you're covered for, how much you can claim and what cashback you have left to claim.
- ✓ **Check claims history**
Keep tabs on all your past claims.
- ✓ **See all cover details**
Keep track of your documents, policy limits and benefit allowances.



**Download My Bupa from your
App Store or Google Play**



Here when you need us most



No wait periods on oral cancer

It's one of the most worrying issues in dental care, so we don't apply a wait period for oral cancer treatment.

Just to note, we don't cover oral cancer that was diagnosed before your start date.



Fast phone advice

Our Oral Healthline* is free to use and gives you speedy answers on any dental worries.

*Lines are open 9:30am to 5:00pm Monday to Friday. We may record or monitor our calls.



Got any pre-planned treatment?

Don't worry, we'll cover most pre-existing or pre-planned treatments.*

*We don't cover pre-existing gaps unless you have continuity of cover.



You're in safe hands

Added extras to support your health and wellbeing.



Advice from a name you know

Our health hubs help you get proactive with your overall health. There's loads of great content, covering tons of topics. Everything's written by experts too, so you know you can trust it.



Anxious patient support

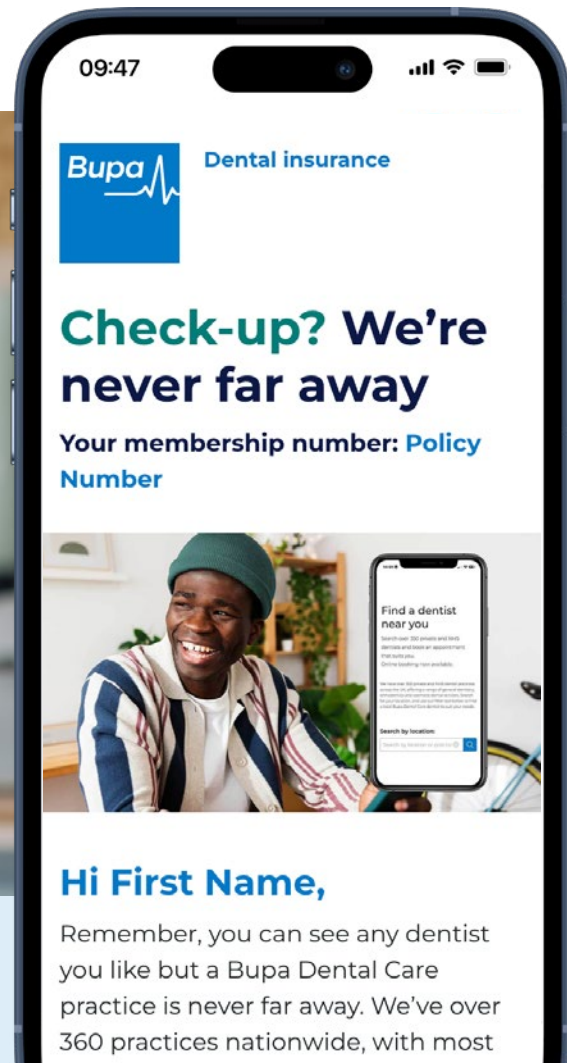
Our specialist dentists within our network will take care of you and make sure your experience is as comfortable as it can be.

[Read our dental anxiety guide.](#)



Keeping you in the loop

We'll send you super helpful info straight to your inbox - like updates, guidance and reminders to book check-ups.



What's covered

The table shows the amount you and anyone covered on the policy can claim up to in each policy year. The benefit allowances shown are per person.

Where we say for each course of treatment, we mean all visits needed to finish the treatment. This includes temporary repair, preparation, supply and fit for each tooth repair and any laboratory costs involved.

Full details of what is and isn't covered can be found in Section 3 of the policy guide.

What's more, if you use a Bupa Dental Care practice, we'll pay for a new patient examination in full. That means you're fully covered, with nothing to pay.

Worldwide preventative dental treatment

	Choice 1	Choice 2	Choice 3	Choice 4	Choice 5
Dental examinations					
New patient examination or specialist consultation one visit in each policy year	£50	£60	£70	£80	£100
Only with Bupa. New patient examination is fully covered so there's nothing extra for you to pay when visiting a Bupa Dental Care practice. The benefit allowances shown above apply when you visit a non-Bupa owned practice.					
Routine examination every time you visit	£30	£40	£50	£60	£70
Scale and polish					
Scale and polish (by your dentist or hygienist) every time you visit	£30	£45	£55	£65	£110
Periodontal treatment					
Periodontal treatment every time you visit	£90	£95	£105	£120	£130
Dental X-rays					
Small X-ray including bitewing or intraoral every time you visit	£6 for each X-ray	£8 for each X-ray	£10 for each X-ray	£12 for each X-ray	£15 for each X-ray
Other dental X-rays or scans every time you visit	£15 for each X-ray or scan	£25 for each X-ray or scan	£30 for each X-ray or scan	£38 for each X-ray or scan	£45 for each X-ray or scan

	Choice 1	Choice 2	Choice 3	Choice 4	Choice 5
Fillings and composite bonding for each tooth	£60	£85	£95	£120	£165
Fissure sealant for each tooth	£20	£25	£30	£35	£40
Topical fluoride treatment for each tooth	£35	£40	£45	£50	£55
Root canal treatment for each tooth, for each course of treatment	£115	£160	£205	£305	£355
Extraction and surgical treatment					
Surgical implant (includes the implant, abutment and crown) in each policy year	£425	£600	£850	£1,000	£1,300
Tooth removal (extraction) for each tooth	£50	£55	£80	£100	£140
Restorative dental treatment					
Inlay/onlay for each tooth, for each course of treatment	£125	£175	£260	£350	£375
Porcelain Veneer for each tooth, for each course of treatment	£215	£240	£270	£390	£425
Crown for each tooth, for each course of treatment	£210	£250	£325	£480	£500
Bridge for each tooth, for each course of treatment	£425	£600	£750	£900	£1,100
Repair of bridge or crown for each course of treatment	£25	£30	£35	£55	£75
Post for crown (cast post and core, or prefabricated post and core) for each course of treatment	£35	£56	£90	£110	£125
Denture					
Upper or lower denture (partial or full) for each denture, for each course of treatment	£360	£450	£500	£650	£800
Repair or reline of a denture (partial or full) for each repair	£30	£35	£40	£50	£60
Other treatment					
Mouthguard (partial or full) maximum of one mouthguard for each policy year	£82	£150	£175	£200	£225
Any other clinically necessary restorative dental treatment for each policy year	£65	£75	£85	£115	£125

Other dental benefits

	Choice 1	Choice 2	Choice 3	Choice 4	Choice 5
Orthodontic treatment UK only for each policy year	£425	£500	£580	£660	£750
Intravenous and oral sedation (Worldwide cover) for each policy year	£65	£70	£75	£80	£100
Emergency dental treatment (Worldwide cover)	£1,000 for each policy year made up of four emergencies, £250 each				
Dental injury treatment (Worldwide cover)	£5,000 for each policy year				
Oral cancer treatment UK only	paid in full to diagnose and treat oral cancer when using a fee-assured consultant in a partnership facility				

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