You can drop your COVID-19 test off at one of our drop off locations below by 3pm and your sample will be delivered to the laboratory the same day by 9pm. Centre drop off locations are open Monday to Friday 8am to 3pm.

For COVID-19 Test to Travel or Test to Release we highly recommend that you use one of our drop off locations as this will avoid the risk of any unexpected delays with the Royal Mail Track 24 Service.

Available Bupa drop off locations are:

1. Bupa Health and Dental Centre West End
   53 Mortimer Street, London W1W 8HR

2. Bupa Health and Dental Centre Canary Wharf
   Crossrail and Retail Mall Unit 20, Level Zero, 1 Crossrail Place, Canary Wharf, London E14 5AR

3. Bupa Health and Dental Centre Reading
   Centurion Court, 64 London Road, Reading RG1 5AS

4. Bupa Health Centre Bristol
   The Spectrum, Bond Street, St Paul’s, Bristol BS1 3LG

5. Bupa Health and Dental Centre Solihull
   47 Station Road, Solihull B91 3RT

6. Bupa Health Centre Nottingham
   The Phoenix Centre, 4 Millennium Way, Nottingham NG8 6AS

7. Bupa Health Centre Manchester
   4 Marble Street, Spring Gardens, Manchester M2 1FB

8. Bupa Health Centre Leeds
   Trafalgar House, 29 Park Place, Leeds LS1 2SP

When you arrive, the drop off box will be clearly located within the reception area. Simply post your sample into the drop off box. Please scan the QR code located on the top of the drop off box and complete the online form for proof of delivery.*

If you have any questions please don’t hesitate to contact the Bupa COVID services team at MyCOVIDtest@bupa.com or call us on 0161 497 0661

We may record or monitor our calls. Lines open Monday to Friday 8am to 5.30pm, Saturday to Sunday 9am to 4pm.

*Please Note: You will receive your test result within 48 hours of your test kit arriving at the laboratory.