

# Important information.

## Here's how your trust benefits are changing.



We've made some changes to your trust benefits, which will apply when your benefits renew on or after 1 January 2025.

This is a summary of some of the main changes. Please read it alongside your Bupa Select guide for trusts, registration certificate and any confirmation of special conditions, together these set out the full terms and conditions of your benefits. We've included the relevant sections to make it easy for you to find them in your trust guide.

### Trust guide

Here's how your Trust guide has changed.

We've improved the Trust guide to make it easier to understand because we know that healthcare benefits and exclusions can be hard to follow. We've used clearer language and improved the layout so it's easier to find information. We've introduced new tables with ticks and crosses to show what is and isn't payable. Some of the benefit and exclusion numbers have changed. This is because we may have reordered them or combined them.

### Bupa digital account

My Bupa is the new name for Bupa Touch. My Bupa provides your own secure online account so you can see your Bupa trust documents and a personalised view of your benefits in one place wherever you are. Visit [bupa.co.uk](https://bupa.co.uk) to create your account or download the My Bupa app.

### What is payable

#### Benefit 1.7 Diagnosis of gender dysphoria

Your registration certificate shows if this benefit is included under your trust benefits.

We've amended this benefit. We pay for up to three consultations for the diagnosis of gender dysphoria. Each consultation can be with a consultant psychiatrist or a chartered clinical psychologist who is recognised by us. We no longer pay for a consultation with a consultant endocrinologist because this is not required as part of the diagnosis pathway. The pre-existing and special conditions exclusion and the moratorium conditions exclusion (if either of these exclusions apply to your benefits) no longer apply to this benefit.

### Well-Health outpatient benefits

#### WH1 Targeted cancer screening

Your registration certificate shows if this benefit is included under your trust benefits.

We've renamed the title of this benefit from 'Cancer screening' to 'Targeted cancer screening'. This benefit looks for early signs of cancer in your prostate, testicles, breasts, cervix and, if clinically indicated, will now include a qFIT test for bowel cancer screening.

### What isn't payable

#### Exclusion 27 Speech and language disorders

We've updated this exclusion to be clearer that treatment relating to developmental speech, language and communication difficulties, including stammering, isn't payable by your benefits.

We've also added a new exception to this exclusion to explain that we pay for up to 12 sessions of speech therapy for acute symptoms of glue ear which affect speech development.