Workplace health and wellbeing. 
Better for business

Making it easy to access cover and benefits online

Introducing Bupa Touch

Helping your team keep track of their cover in a few clicks

Bupa Touch makes it simple for employees to manage their health cover. They’ll have easy access to their claims history, policy documents and treatment information. Plus, their everyday wellbeing benefits are at their fingertips. It means they’re getting the best out of their cover, which makes for a healthier, happier team.

See all cover details and documents
Employees can see what they’re covered for at a glance, update personal details and make changes quickly.

Check claims history
We’ve added claims history to Bupa Touch to give easy access to past claims, making all documents and claims details easily accessible.

Request treatment at any time
Use Bupa Touch to ask for help or to see a consultant. There’s no need to phone and it isn’t always necessary to see a GP first.*

Chat to a nurse 24 hours a day
If an employee is worried about their health, or about their child’s, they can speak to one of our nurses anytime, night or day, 365 days a year.

A simple onboarding process for your team
- Register via Bupa’s invite email or go online at bupa.co.uk/touchdashboard
- Create an account using personal details as they appear on cover documents
- Go through multi-factor authentication
- Once in, cover and benefits can be found all in one place

Download Bupa Touch from the App Store or Google Play

Additional features
- Online account management
- Search 100’s of health information articles
- Access Family Mental HealthLine
- Reach our team quickly through Live Chat
- Access mental wellbeing programmes with SilverCloud
- Find a Bupa recognised doctor or clinic

*Direct Access telephone services are available as long as the symptoms are covered under your policy or health trust. If your cover excludes conditions you had before your policy or health trust started, we’ll ask you to provide evidence from a GP that your symptoms are not pre-existing for a period of up to two years after your policy start date or up to five years in the case of mental health. For rolling moratorium underwritten policies or health trusts we will ask for evidence each time you claim for a condition not claimed for before. Always call us first to check your eligibility.
Bupa Touch, Bupa health trusts, Anytime HealthLine and Family Mental Healthline are not regulated by the Financial Conduct Authority or the Prudential Regulation Authority.

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