

# Access GP services, without going anywhere.

Helping to minimise disruption and maximise productivity with Bupa Blua Health\*.

Bupa

## Keeping you at the forefront of changing employee needs.



### The need to see a GP faster

Bupa Blua Health offers 24/7/365 rapid health advice at a time and place to suit your employees.



### The need for quick help and advice

Ask a Digital GP to check symptoms and get a quick response 24/7. The app draws upon its vast knowledge base to provide fast health information and suggest potential courses of action.



### The need for integration and simplicity

Working together with your employees' health cover to create an integrated benefits package alongside other tools.

There's also referral into Bupa and some NHS pathways.

## Standard features available for your employees.



### AI symptom tracker

Employees can check their symptoms and get instant health information on potential next steps.



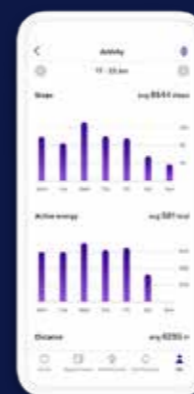
### Prescriptions delivered to your door†

Prescriptions can be delivered the next day, or can also be collected from a pharmacy, usually within the hour.†



### 24/7/365 appointments

Voice or video call a GP, physio or mental health nurse day or night, available within 24 hours.



### Instant access

Instantly access records, history, prescriptions and health information, stored securely in the app.



Bupa Blua  
Health

## Why Bupa Blua Health?

- **Shared focus and values** on clinical expertise
- Access to a clinical triage service, **powered by AI** for instant health answers
- **GMC-registered doctors** with an average of 10 years clinical experience
- Regulated by the **Care Quality Commission (CQC)**

\*Customers who live in the Isle of Man do not have access to Bupa Blua Health, but can access GP24, provided by HealthHero.

† Private prescriptions with click and collect or home delivery options available. The cost of the private prescription is paid for by the individual. Charges for delivery will apply.

## The benefits to your workforce.

Access GP appointments and health information anytime, anywhere.\* Stay healthy and improve productivity.

### Fast

Not only do we cover unlimited 24/7 GP appointments, they're available within the next 24 hours.

### Convenient

Employees can get health advice wherever they are\* – even if it's at home in bed.

Employees can add children and partners to take care of the entire family's health.

### Confidential

All conversations are completely private and any medical records that are stored in the app are secure and password protected.

## The business benefits.

When you have Bupa Blua Health as an employee benefit, everyone benefits.

### Present

With the Digital GP service, employees can talk things through with a GP via live video or a call without going anywhere. All they need to do is book an appointment, then speak to a GP on their smartphone, tablet or via a computer.

### Productive

Because the Digital GP service is so convenient, employees are more likely to check out any worries sooner rather than later.

This can help them maintain good health.

### Engaged

Having a health worry on your mind can be a distraction.

The Digital GP service can provide fast answers, allowing your employees to get back to what they do best.



### Communications toolkit

There are lots of ways for you to help make your employees aware of this new service. We've created a number of resources available to you and your workforce.



### Data and insight

The Digital GP service gives your business invaluable insights on the health of your team through summarised data so you can make informed decisions when it comes to benefits planning and wellbeing strategies.

\*Exclusions apply, including Australia, USA, Canada and China. Before use, your employee will need to check for any local restrictions on consulting with a medical professional outside of the country where they are currently situated.

Digital GP services and health trusts are not regulated by the Financial Conduct Authority or the Prudential Regulation Authority.

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