

# The very best of Bupa? It's all in one app.

## We're always looking for ways to deliver great healthcare without the hassle.

That's why you can find everything great about our cover in just one app - My Bupa. As well as managing your account on the fly, you can use it to access our digital healthcare, Blua.

Taking control of your health and wellbeing has never been this simple.

### With My Bupa, you can:

# blua.

#### **Access digital healthcare** with Blua

Book virtual appointments, arrange remote healthcare with experts, order private prescriptions - it's all possible with Blua in the My Bupa app. Plus, you can create healthy habits with over 1,500 fitness classes and everyday wellbeing resources.



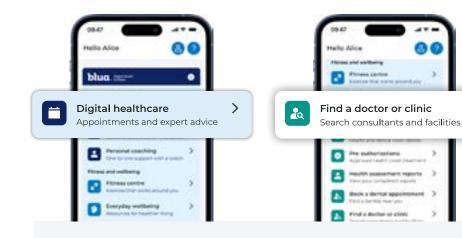
#### Find the right care and support

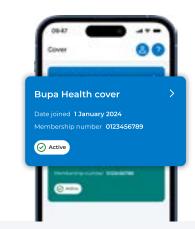
Health is different for all of us. That's why with My Bupa, you can search for care and support that works for you. Whether it's looking for a consultant or advice on next steps, you can get the answers you need, fast.



#### Manage your account

It's never comfortable not knowing the ins and outs of something as important as health insurance. So we give you total visibility over it all. Whether it's submitting claims or managing personal information and policy documents, your account is in your hands.





## Want to know more?

# **Contact your** intermediary partner



Scan to find out more

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