

Notification of change.

Important information.

Changes to your Dental Plan

dental insurance policy.



We have made some changes so your product is simpler and easier to understand. These will apply when your cover renews on or after **1st December 2026**.

This document is designed to help you understand these changes and should be read alongside your policy guide and membership certificate which together set out the full details of how your dental insurance works.

New look policy guide

We've redesigned our policy guide to make it simpler and easier to read and understand. You can now search the document online to make it easier to find the information you need.

Only with Bupa

If you choose to visit a Bupa Dental Care Practice, the cost of X-rays is now fully covered, even after you've used up your benefit allowance.

Preventive dental treatment

We've increased the **Scale and Polish** benefit allowances across all levels of cover.

	Current allowance	Increased to
Level 1	£50	£55
Level 2	£70	£75
Level 3	£100	£110
Level 4	£110	£120
Level 5	£130	£140

We've removed the **virtual examination benefit** as these will now be paid from the **routine examination** benefit allowance.

Changes to X-rays and Scans

This benefit will no longer be named as **Dental X-rays and scans** instead we are renaming this **Dental X-rays**. Any Scans needed for your dental treatment will now be paid from the **Major restorative treatment** benefit.

We've increased the **Dental X-rays** benefit allowances across all levels of cover.

	Current allowance	Increased to
Level 1	£40	£45
Level 2	£50	£55
Level 3	£80	£90
Level 4	£90	£100
Level 5	£100	£110

Restorative Dental Treatment

We've increased the **Fillings, composite bonding (or any treatment using composite) Fissure sealant, Topical fluoride** benefit allowances across all levels of cover.

	Current allowance	Increased to
Level 1	£175	£200
Level 2	£275	£300
Level 3	£330	£350
Level 4	£375	£400
Level 5	£400	£450

NHS treatment

If you have NHS dental treatment, you no longer need to claim under the specific treatment types. We'll now pay for your NHS dental treatment in full up to the NHS limits.

Emergency treatment benefit

We've improved the Emergency treatment benefit across all levels of cover by increasing how much we pay per emergency. We've reduced how many emergencies you can claim for. You can now claim:

	Current allowance	Increased to
All levels of cover	£250 per for each emergency. Up to 4 emergencies Up to £1,000 for each policy year	£500 for each emergency. Up to 2 emergencies Up to £1,000 for each policy year

Other changes to your cover

What is and isn't covered - Repairing and restoring your teeth and gums - Restorative treatment

We removed the 'Antibiotics, painkillers, or other prescription charges' exclusion. These are now covered when prescribed by your dental professional.

We've removed the 'Replacement of dentures which have been lost or stolen' exclusion. These will now be covered by your policy.

What is and isn't covered - Straightening and aligning your teeth - Orthodontic treatment

We've expanded cover under 'Space maintainer for children aged 18 or younger' to 'Cover for specialist dental devices for children aged up to 18, that help guide how their teeth and jaws grow, including space maintainers, palatal expanders, aligners and thumb sucking appliances.'

What is and isn't covered - Treating an injury

We've changed the 'Dental treatment for an injury that happened while taking part in a physical contact sport if you weren't wearing a mouthguard supplied and fitted by a dental professional' to 'Dental treatment for an injury that happened while taking part in physical contact sport if you weren't wearing a mouthguard, and a recognised sporting body for that sport recommends wearing of a mouthguard.'

How we use and protect your information - Privacy notice - in brief

We have updated this section with a shorter, more concise summary of how we use and protect your information. We have also included a link to our full privacy notice should you wish to view the privacy notice in full.