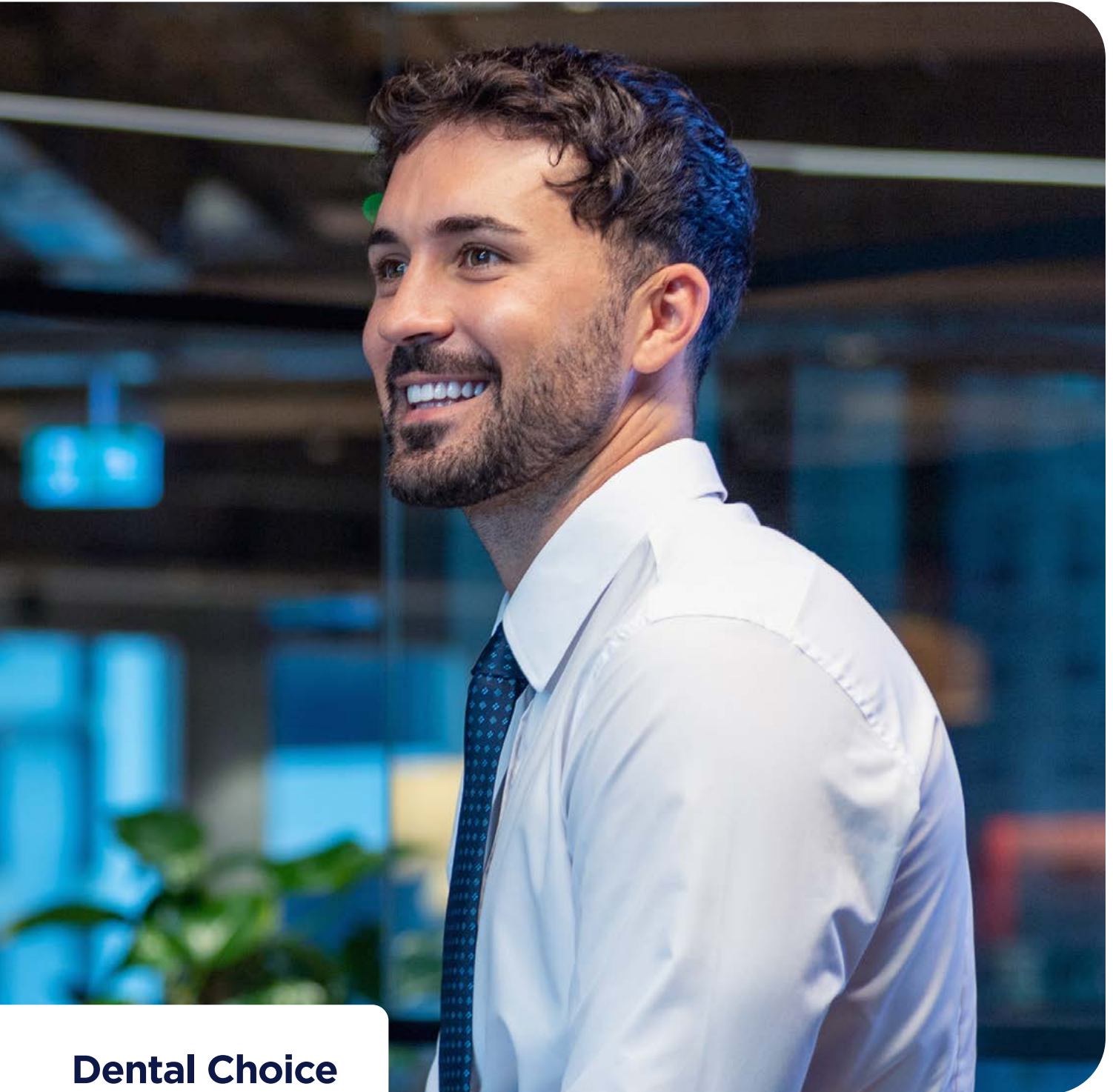




Dental Choice

Welcome to better dental care

Looking after your smile has never been easier

Seeing a dentist shouldn't be difficult

But with long wait times and expensive treatments, accessing the right care isn't always easy.

With our dental cover you can see a dentist quickly, get cashback on your treatment and access big benefits at the UK's only insurer-owned practices. It's not just clear cover, it's convenient care.

Our key dental benefits:

- ✓ care at Bupa-owned practices
- ✓ money back on routine check-ups and treatment
- ✓ the freedom to see any dentist you like
- ✓ cover for oral cancer, injury, emergency and specialist treatment
- ✓ worldwide cover for essential treatment

Getting started

[Download our getting started guide](#) for help getting set up, having treatment or making a claim.



Remember, you can see exactly what you're covered for in your policy guide and you can also find this information in My Bupa.



How our dental cover works

Get booked in

Booking in with a Bupa dentist is easy online at bupa.co.uk/dental/dental-care. Or, you can stick with your current one, if you've got a good thing going.

Get treated

Get the treatment you need from your chosen dentist

Get going

At most Bupa Dental Care practices, we'll sort the admin at the reception desk. Your treatment may even be fully covered, so there's nothing extra for you to pay. If not, you just need to pay for anything that's not covered on your policy.

Claim in a tap with the app



Haven't used a Bupa Dental Care practice? No problem. Just keep a copy of your receipt and submit your claim to us in **My Bupa**.

A close-up photograph of a woman with dark hair, smiling broadly and looking upwards and to the right. She is wearing a light blue dental bib. The background is slightly blurred, showing a dental office setting.

We don't just cover your smile, we care for it too

You can use your Bupa cover at any dental practice you like – NHS or private.
But choosing a Bupa Dental Care practice just makes perfect sense.

From nothing to pay on a new patient exam to instant claiming at the reception desk, it means you can book in, have your examination, and be out in a flash with no forms to fill out.

**That's our expert stamp,
every step of the way**

Bupa dental care UK
is rated **Excellent**

Based on 22,177 reviews



★ Trustpilot

A new patient exam, on us

A free check-up? Don't mind if I do...

Only at a Bupa Dental Care practice can you get your next new patient exam on us.

If your dentist needs to take small x-rays as part of your new patient examination, these are also included at no additional cost.



New patient exams

Prevention pays off

If you're been putting off that check-up, a new patient exam could be your first step towards better dental care.

And with big benefits at Bupa practices, you can save money on care that keeps you smiling.

**Better with
Bupa**



Pop in to a Bupa Dental Care practice and we'll cover your new patient exam in full.



Lock in better savings

We roll out the red carpet for our members.

**Only at Bupa Dental Care practices
can you save up to **20% off**
the cost of your treatment.***

Making those benefit allowances stretch even further.

*You must tell the dentist you have Bupa dental insurance and provide your membership number prior to your appointment to benefit from this offer. 10% or 20% discounts are available depending on the practice and the dentist you are seeing. To find the selected Bupa owned and approved network dental practices where this offer is available, see finder.bupa.co.uk and search the Bupa Dental Insurance Network. Discount excludes laboratory fees and specialist treatment and cannot be used against NHS and Bupa Dental Essentials services. Discount cannot be used in conjunction with any other discount.

**Better with
Bupa**



Exclusive savings to be had, only when you visit a Bupa Dental Care practice.



Less waiting. More smiling

**Only at Bupa Dental Care practices
can you book with confidence.**

Your time matters. So we guarantee it. We lock in your appointments quickly, so you aren't left in limbo.

On the day, there's no faffing around with forms either. You're seen fast, sorted sooner and back to your best with a smile on your face, all before your next meeting.

*Most Bupa Dental Care practices forward claims and are agents of Bupa Insurance Limited. Any claims for dental injury treatment and oral cancer cannot be processed by the dental practice. You'll need to send us a claim for a dental injury. For oral cancer claims you'll need to call us.

Better with
Bupa



Book an appointment online with ease. And with **Instant Claim**,[^] we'll quickly sort your admin at the reception desk.

More for your money

New
for
renewal

Bigger and better benefits

We're always working to make your cover better. That's why we've increased your benefit allowances for **preventive treatment**. That's bigger allowances for routine examinations across all levels, and an increase to scale and polishes across Levels 1 to 4. What's more, we've simplified our **X-ray benefit**, including increasing benefit allowances across all levels of cover and making our descriptions clearer.

The Inlay, Onlay and Porcelain veneer benefits that were previously **per tooth and per course of treatment** each now come with a **single annual allowance**, making it easier to understand what's covered on your policy. We've also increased allowances, so you can claim more over the year if you need to.

We've combined the **crown and bridge benefits** into one annual allowance at the higher level of cover limit. Posts and repairs are now included, giving you one straightforward benefit.

We've also increased the **filling and composite bonding** benefit allowance across Levels 1 to 4. Plus, NHS treatment is now covered in full up to NHS band limits.

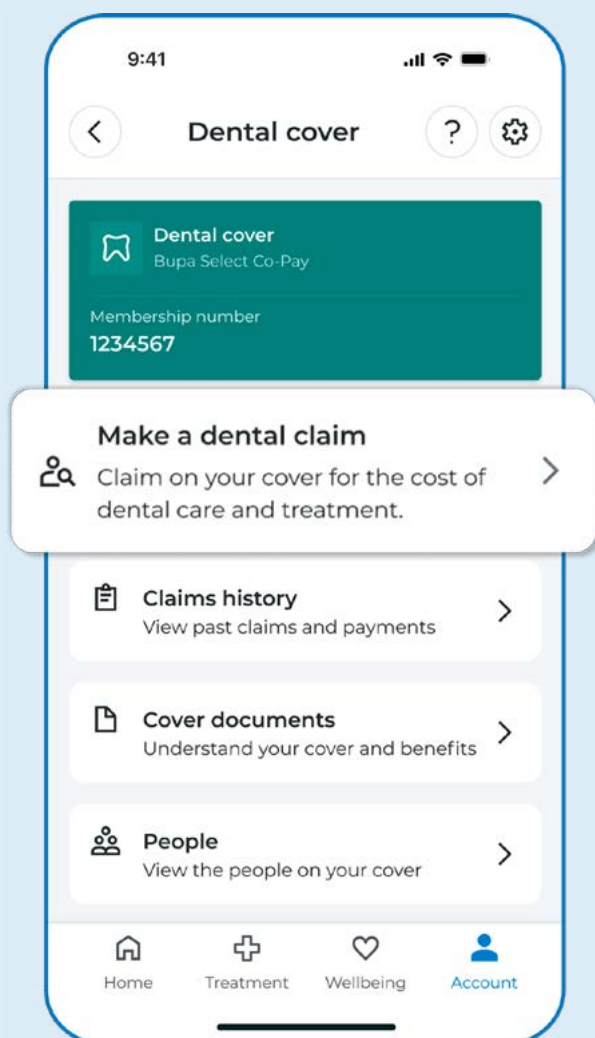
Simplifying our policy guide

We've redesigned our policy guide to make it easier to read and understand. We've enhanced how you can search the document online, too, so you can find what you're looking for, quicker.

Your cover, on-demand

In-app or online, managing your cover's a breeze.

Remember, we'll sort your claim for you at a Bupa Dental Care practice, but we're all about options too. That's why it's easy to claim in our app. Here's what you can do.



✓ **Submit claims**

Submit your claims quickly and easily online.

✓ **View benefits remaining**

See what you're covered for, how much you can claim and what cashback you have left to claim.

✓ **Check claims history**

Keep tabs on all your past claims.

✓ **See all cover details**

Keep track of your documents, policy limits and benefit allowances.



**Download My Bupa from your
App Store or Google Play**



Here when you need us most



No wait periods on oral cancer

It's one of the most worrying issues in dental care, so we don't apply a wait period for oral cancer treatment.

Just to note, we don't cover oral cancer that was diagnosed before your start date.



Fast phone advice

Our Oral Healthline* is free to use and gives you speedy answers on any dental worries.

*Lines are open 9:30am to 5:00pm Monday to Friday. We may record or monitor our calls.



Got any pre-planned treatment?

Don't worry, we'll cover most pre-existing or pre-planned treatments.^

^We don't cover pre-existing gaps unless you have continuity of cover.



You're in safe hands

Added extras to support your health and wellbeing.

Advice from a name you know

Our health hubs help you get proactive with your overall health. There's loads of great content, covering tons of topics. Everything's written by experts too, so you know you can trust it.



Anxious patient support

Our specialist dentists within our network will take care of you and make sure your experience is as comfortable as it can be.

[Read our dental anxiety guide.](#)



Keeping you in the loop

We'll send you super helpful info straight to your inbox – like updates, guidance and reminders to book check-ups.



Save big with Bupa rewards



You've got access to exclusive health and wellbeing rewards. Grab hundreds of discounts on days out, gyms and spas, gadgets, getaways and more. Plus save money on Bupa pay-as-you-go products like our Weight Management Plan.

[Discover your rewards](#)

What's covered

The table shows the amount you and anyone covered on the policy can claim up to in each policy year. The benefit allowances shown are per person.

Where we say for each course of treatment, we mean all visits needed to finish the treatment. This includes temporary repair, preparation, supply and fit for each tooth repair and any laboratory costs involved.

Full details of what is and isn't covered can be found in Section 3 of your policy guide.

What's more, if you use a Bupa Dental Care practice, we'll pay for a new patient examination in full. That means you're fully covered, with nothing to pay.

Check your membership certificate to see your level of cover					
	Choice 1	Choice 2	Choice 3	Choice 4	Choice 5
Worldwide preventive benefits					
New-patient examination or specialist consultation one new-patient examination or specialist consultation in each policy year	up to £50	up to £60	up to £70	up to £80	up to £100
 Only with Bupa. New patient examination is fully covered so there's nothing extra for you to pay when visiting a Bupa Dental Care practice. The benefit allowances shown above apply when you visit a non-Bupa owned practice.					
Routine examination or check-up for each appointment*	up to £35	up to £45	up to £55	up to £70	up to £80
Scale and polish for each appointment*	up to £40	up to £50	up to £60	up to £70	up to £110
Periodontal treatment (treatment of the gums) for each appointment*	up to £90	up to £95	up to £105	up to £120	up to £130
Dental X-rays for each X-ray, there is no limit on the number of X-rays you can claim for in each policy year	up to £15	up to £25	up to £30	up to £40	up to £45
Dental scans for each scan, there is no limit on the number of scans you can claim for in each policy year	up to £15	up to £25	up to £30	up to £40	up to £45

*There is no limit on the number of appointments you can claim for in each policy year.

Check your membership certificate to see your level of cover

Choice 1

Choice 2

Choice 3

Choice 4

Choice 5

Worldwide restorative benefits

Fillings and composite bonding
for each tooth

up to £60

up to £85

up to £95

up to £120

up to £165

Fissure sealant
for each tooth

up to £20

up to £25

up to £30

up to £35

up to £40

Topical fluoride treatment
for each tooth

up to £35

up to £40

up to £45

up to £50

up to £55

Root canal treatment including apicectomy
for each tooth, for each course of treatment

up to £115

up to £160

up to £205

up to £305

up to £355

Surgical implant (includes the implant, abutment and crown)
in each policy year

up to £425

up to £600

up to £850

up to
£1,000

up to
£1,300

Tooth removal (extraction)
for each tooth

up to £50

up to £55

up to £80

up to £100

up to £140

Inlay or onlay
for each policy year

up to £200

up to £300

up to £400

up to £500

up to £600

Porcelain veneer
for each policy year

up to £300

up to £400

up to £500

up to £600

up to £700

Crowns and bridges
including any posts or repairs,
for each policy year

up to £425

up to £600

up to £750

up to £900

up to £1,100

Denture
including repairs, relines,
lost and stolen dentures,
for each denture

up to £360

up to £450

up to £500

up to £650

up to £800

Mouthguard (partial or full)
one mouthguard in each
policy year

up to £85

up to £150

up to £175

up to £200

up to £225

Any other clinically necessary restorative dental treatment
for each policy year

up to £65

up to £75

up to £85

up to £115

up to £125

	Check your membership certificate to see your level of cover				
	Choice 1	Choice 2	Choice 3	Choice 4	Choice 5
NHS Treatment					
NHS dental treatment up to NHS limits	Costs are covered in full up to NHS dental treatment limits when treated by an NHS dentist.				
Other dental benefits					
Orthodontic treatment UK only for each policy year	up to £425	up to £500	up to £580	up to £660	up to £750
Intravenous and oral sedation (Worldwide cover) for each policy year	up to £65	up to £70	up to £75	up to £80	up to £100
Emergency dental treatment (Worldwide cover)	You can claim for up to two emergencies in each policy year, up to £500 for each emergency.				
Dental injury treatment (Worldwide cover)	Up to £5,000 for each policy year.				
Oral cancer treatment UK only	Paid in full to diagnose and treat oral cancer when using a fee-assured consultant in a partnership facility.				

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bupa.co.uk/dental