



# Medication Check

Unlock employee health  
with DNA-driven insights



Powered by **My Genomic Health**

# The power of personalised health

Every employee brings something unique to your organisation. Now you can offer them healthcare as unique as they are, with DNA-driven insights that empower individuals to help positively influence their health, both now and in the future.

This is **personalised health**.

## Introducing Medication Check

Bupa gives your employees access to the Medication Check, powered by **My Genomic Health** – a DNA test that reveals which medicines are likely to work best for them, and which to avoid, based on:

- How effective they are likely to be
- What dose they might require
- How likely they are to suffer side effects

This is powerful information for any employee, particularly if they have a health condition which requires taking regular medicine. With the information from the Medication Check, they're empowered to manage their long-term conditions in the most effective way.



**As a valued Bupa customer, you can be among the first to bring the benefits of the Medication Check to your workforce.**



### Did you know?

**In 10-45% of people,**

commonly prescribed drugs don't work as they should<sup>1</sup>

**99% of people**

have a genomic variant that affects how they respond to common medicines<sup>2</sup>

<sup>1</sup><https://pmc.ncbi.nlm.nih.gov/articles/PMC9177500/>

<sup>2</sup>Bupa My Genomic Health data, 2025



## Good for health, good for business

**We all process medicines differently. This affects how well medicines work and how likely they are to cause unwanted side effects.**

Bupa's Medication Check, powered by My Genomic Health, helps each individual discover what works best for their body. By helping your people take charge of their health, you're also helping to keep your business growing:

- **Attract top people** with a standout healthcare benefit that enhances your appeal as an employer
- **Boost employee health** by empowering them to avoid trial and error and get immediate access to the medicines that keep them at their best
- **Boost team wellbeing** by eliminating the frustration that comes with enduring ineffective treatments
- **Reduce absence and presenteeism** so your employees feel ready to power your business, even while managing a long-term condition
- **Move towards more efficient healthcare** leading to reduced healthcare costs over time





## Who's it for?



**Suitable for:** UK resident employees, aged 18+ who have a long-term condition that requires regular medicine.

**Not suitable for:** Recipients of a bone marrow, stem cell, liver or kidney transplant at any time, or a blood transfusion within the last 4 weeks.

**Add to a corporate health scheme:**

This is an optional benefit available at an additional cost. There is the flexibility to choose whether to extend to all individuals on the registration or limit to employees only who are aged 18+.

## What's included?

- Home test kit – a simple saliva sample
- A report covering more than 100 medicines commonly prescribed for illnesses such as:
  - ✓ cardiovascular disease
  - ✓ diabetes
  - ✓ pain management
  - ✓ mental health conditions

**Each test comes with the option for your employee to discuss their results with a Bupa GP to make sure they feel informed and in control.**



Offer personalised health to your employees.

Be among the first to bring the benefits of the Medication Check to your business.

**Speak to your Account Manager or intermediary partner for more information.**

## Why Bupa?

- We're dedicated to transforming healthcare
- Access to Bupa's expert GPs for questions and concerns
- Only Bupa\* combines health insurance, insights and expert care, so we can support your team every step of the way

## How Bupa protects your employees' data

**Bupa is serious about ensuring your employees' genetic information is kept private and secure.**

To signal our commitment to protecting your employee's data, Bupa Insurance has signed up to the Code on Genetic Testing and Insurance, a voluntary code of practice agreed between HM Government and the Association of British Insurers. This restricts signatories from:

- requiring or pressuring you to have a predictive or diagnostic genetic test, under any circumstances;
- asking for, or taking into account, the result of a predictive or genetic test when you apply for insurance.

See [here](#) for more information.

Bupa health trusts and My Genomic Health are not regulated by the Financial Conduct Authority or the Prudential Regulation Authority.

My Genomic Health is supplied by Bupa Occupational Health Limited. Registered in England and Wales No.631336. Registered office: 1 Angel Court, London EC2R 7HJ.

Bupa health trusts are administered by Bupa Insurance Services Limited. Registered in England and Wales No. 3829851.

Bupa health insurance is provided by Bupa Insurance Limited. Registered in England and Wales with registration number 3956433. Bupa Insurance Limited is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority. Arranged and administered by Bupa Insurance Services Limited, which is authorised and regulated by the Financial Conduct Authority. Registered in England and Wales with registration number 3829851. Registered office: 1 Angel Court, London EC2R 7HJ.

\*No other provider has Bupa owned services, allowing us to join up insurance and provision. This is unique to Bupa and therefore only from Bupa. For verification please email [bupaverification@bupa.com](mailto:bupaverification@bupa.com)