Stronger minds for a stronger business.

Mental health cover.
For new customers purchasing directly from Bupa.
Teams that think better, perform better.

With Select health insurance, your team have access to the most extensive mental health cover on the market.* So you can keep the people who power your business at the top of their game.

Whether they’re struggling with anxiety or depression, alcohol or drug abuse, your team can call us directly for support and a referral. Usually without the need to see a GP first.^ Plus, ongoing support and advice means that whatever it is they’re facing, we’ll be there to keep them flourishing.

What sets us apart

1. No time limits on support
   Our cover has no time limits on mental health conditions, so we won’t leave your employees without support if their condition comes back.

2. More cover than ever before
   We now cover most mental health conditions. The only exceptions are the treatment of dementia, learning difficulties, behavioural and developmental problems.

3. Ongoing support and advice
   We cover ongoing support for the monitoring and maintenance of diagnosed eligible mental health conditions, as set out in an employee’s policy and certificate. This could help manage conditions and prevent worsening symptoms.

Note: Standard exclusions for pre-existing, special and moratorium conditions, and benefit limits for out-, in- and day-patient mental health treatment continue to apply. Full details can be found in an employee’s membership guide and certificate.

Call us to find out more

0345 751 5515

bupa.co.uk/small-business

Lines are open Monday to Friday 8.30am to 6pm. We may record or monitor our calls.

*As of February 2022, this comparison to other products in the market is based on Bupa’s and Defaqto’s interpretation of the differences between the Bupa’s SME Select health insurance and other health insurance products offering mental health cover. The comparison excludes any special offers or promotions which may temporarily alter the cover offered. Cover comparison information is for personal use and guidance only and does not constitute any contractual representation, warranty or obligation by either Bupa or Defaqto about the completeness, accuracy, reliability, suitability or availability of the comparison. Neither party accepts any liability for errors, omissions, direct or consequential loss in relation to this comparison. To see how we compare, visit bupa.co.uk/compare.

^Direct Access telephone services are available as long as the symptoms are covered under your policy. If your cover excludes conditions you had before your policy started, we’ll ask you to provide evidence from a GP that your symptoms are not pre-existing for a period of up to two years after your policy start date or up to five years in the case of mental health. Always call us first to check your eligibility.

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