



**Small business health insurance.
Better for business**

Stronger minds for a stronger business

**Mental health cover.
For clients of intermediaries**

Teams that think better, perform better

With Select health insurance, your team have access to the most extensive mental health cover on the market.* So you can keep the people who power your business at the top of their game.

Whether they're struggling with anxiety or depression, alcohol or drug abuse, your team can call us directly for support and a referral. Usually without the need to see a GP first.^ Plus, ongoing support and advice means that whatever it is they're facing, we'll be there to keep them flourishing.

Access

8,500+

**mental health
therapists
nationwide**

Statistics correct as of September 2025.

What sets us apart

1 No time limits on support

Our cover has no time limits on mental health conditions, so as long as treatment is effective we won't leave your employees without support if their condition comes back.

blua. Digital health
by Bupa

2 More cover than ever before

We now cover most mental health conditions. Whilst we don't cover treatment for excluded conditions, such as dementia, learning difficulties, behavioural and developmental problems, we do cover mental health conditions related to these exclusions, such as anxiety or stress.

3 Ongoing support and advice

We cover therapy to help bring any flare-up in your symptoms under control. With Blua, digital health by Bupa, you can access digital GP appointments in the My Bupa app. Plus, our team of nurses can offer advice on managing ongoing conditions through our Anytime HealthLine, available 24/7.

Note: Standard exclusions for pre-existing, special and moratorium conditions, and benefit allowances for out-, in- and day-patient mental health treatment continue to apply. Full details can be found in an employee's policy guide and certificate.

For more information about mental health support for your team, contact your intermediary partner.

Employees can call us to discuss treatment options, usually without a GP referral^

0345 600 8277

Lines are open Monday to Friday 8am to 8pm, Saturday 8am to 4pm. We may record or monitor our calls.

*As of September 2025, this comparison to other products in the market is based on Bupa's and Defaqto's interpretation of the differences between Bupa's SME Select health insurance and other health insurance products offering mental health cover. The comparison excludes any special offers or promotions which may temporarily alter the cover offered. Cover comparison information is for personal use and guidance only and does not constitute any contractual representation, warranty or obligation by either Bupa or Defaqto about the completeness, accuracy, reliability, suitability or availability of the comparison. Neither party accepts any liability for errors, omissions, direct or consequential loss in relation to this comparison. To see how we compare, visit bupa.co.uk/compare.

^Any onward referrals for consultations, tests or treatment are subject to the benefits and exclusions of your cover. Please check your guide and certificate for further details or contact us to check your eligibility.

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Digital GP Services and Bupa Anytime HealthLine are not regulated by the Financial Conduct Authority or the Prudential Regulation Authority.

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