Fertility Check.

Helping people make informed choices about their fertility.
The first step on an important journey.

With infertility affecting around one in seven couples in the UK,* the Fertility Check is designed to support your employees by helping them gain a better understanding of their fertility. It can help them make decisions about having a family, now or in the future.

It's available to individuals who want peace of mind about their fertility levels or couples who may be having difficulties conceiving naturally. It also provides a useful overview of fertility for those who are considering delaying starting a family for career or personal reasons.

*Source: NHS.UK

Fertility Network UK, 2022

Over 3.5m people in the UK go through some kind of fertility challenge.

Fertility Health UK, 2022

90% of people struggling with fertility experience depression symptoms of some kind, and 42% report suicidal thoughts.
A supportive workplace.

The Fertility Check can really demonstrate your commitment to employee wellbeing. It does this by providing practical support in an often emotive and sensitive area of personal health.

Adding it to your benefits can further highlight the fact you care about your people and value their talent. In turn, this could create an even greater sense of loyalty from your workforce.

Better for your workforce.

Should any treatment be needed to assist with conception, we recommend that employees explore treatment options available via their GP and the NHS.
How it works.

How it works
Provided in partnership with CARE Fertility UK and Fertility Partnership on an out-patient basis, the benefit includes:

- a consultation with a fertility specialist where your employees can discuss concerns
- tests for individuals or couples* to help inform them about their current fertility
- a follow up consultation with a fertility specialist to discuss results, medical history and lifestyle

Most of the assessments require just one or two visits to the clinic to complete all investigations and consultations. Following the assessment and review by one of the fertility specialists, your employees will be given appropriate advice and signposting.

What’s included

Female Fertility Check
- Medical history check
- Physical examination
- Ultrasound and blood test
- Antral follicle count
- Results

Male Fertility Check
- Medical history check
- Diagnostic semen analysis
- Mobility and morphology assessment
- Results

Things to remember
Should further fertility treatment be recommended, this won’t be available to your employees unless you’ve chosen to extend cover in your plan for additional fertility services.

Employees can still use the NHS for treatment and checks, and return to them or another healthcare provider to explore treatment options if required.

Please speak to your Bupa Account Manager or Intermediary Partner for more information.*Both individuals must be aged 18 and over and both be named on the health insurance or trust scheme.
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