



Your guide to inclusive health

Better for business



Bupa Inclusive Health

We're rethinking the role of health and wellbeing services and developing new services to help employers build more inclusive workplace and health and wellbeing strategies.



Our Current Inclusive Workplace Services

- Gender Dysphoria Benefit
- Fertility Check
- Assisted Fertility with optional egg freezing
- Menopause Plan
- Menopause HealthLine
- Men's Sexual Function Plan
- Period Plan
- Neurodiversity benefit - resources and post assessment coaching
- Inclusive Mental Health Support
- Bupa Academy
- Inside Health



Bupa's Inclusive Health Workplace Services at a glance

- Existing benefits

| Benefit | Availability | Cost | Provided by | Launch data |
|--|-------------------|---------------------------------------|-----------------------------|-------------|
| Gender Dysphoria Benefit* | Corporate only | Additional cost | UK Insurance | • Launched |
| Fertility Check | Corporate only | Additional cost | UK Insurance | • Launched |
| Assisted Fertility with optional egg freezing* | Corporate only | Additional cost | UK Insurance | • Launched |
| Menopause Plan Full plan with ongoing support for 12 months. | All UKI members | Additional cost | Bupa Clinics | • Launched |
| Menopause HealthLine | All UKI members | Included | UK Insurance | • Launched |
| Period Plan | All UKI members | Additional cost | Bupa Clinics | • Launched |
| Chronic Cover | Corporate only | Additional cost | UK Insurance | • Launched |
| Men's sexual function plan | All UKI members | Additional cost | Bupa Clinics | • Launched |
| Bupa Balance* | Corporate only | Additional cost | UK Insurance | • Launched |
| Bupa Cancer Screening | Corporate only | Additional cost | UK Insurance | • Launched |
| Neurodiversity benefit Post assessment coaching will be available for Corporate members from 1 st January 2026 | Corporate only | Additional cost | UK Insurance | • Launched |
| Mental Health support & resources | All UKI members | Included (paid for options available) | UK Insurance & Bupa Clinics | • Launched |
| Bupa Academy (HR & Line Manager training) | SME and Corporate | Included (paid for options available) | UK Insurance | • Launched |
| Inside Health (employee health awareness campaigns) | All UKI members | Included (paid for options available) | UK Insurance | • Launched |
| Neurodiversity benefit - resources and post assessment coaching | SME members | Included | UK Insurance | • Launched |

*Eligible Corporate schemes



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