

Bupa Inclusive Health

We're rethinking the role of health and wellbeing services and developing new services to help employers build more inclusive workplace and health and wellbeing strategies.



Our Current Inclusive Workplace Services

- Gender Dysphoria Benefit
- Fertility Check
- Assisted Fertility with optional egg freezing
- Menopause Plan (self-pay)
- Menopause HealthLine
- Period Plan
- Neurodiversity resources
- Inclusive Mental Health Support
- Bupa Academy
- Inside:Health





Our New Inclusive Workplace Services



Period Pathway



Menopause Plan (benefit option)



Neurodiversity Benefit



Men's Mental Health Focus

Bupa's Inclusive Health Workplace Services at a glance - Existing benefits

enefit	Availability	Cost	Provided by	Launch data
iender Dysphoria Benefit*	Corporate only	Additional cost	UK Insurance	Launched
Fertility Check	Corporate only	Additional cost	UK Insurance	Launched
Assisted Fertility with optional egg freezing*	Corporate only	Additional cost	UK Insurance	Launched
Menopause Plan Full plan with ongoing support for 12 months.	All UKI members	Additional cost	Bupa Clinics	Launched
Menopause HealthLine	All UKI members	Included	UK Insurance	Launched
Period Plan	All UKI members	Additional cost	Bupa Clinics	Launched
Chronic Cover	Corporate only	Additional cost	UK Insurance	Launched
Bupa Balance*	Corporate only	Additional cost	UK Insurance	 Launched
Bupa Health Check	Corporate only	Additional cost	UK Insurance	 Launched
Neurodiversity resources	Corporate only	Included	UK Insurance	Launched
Mental Health support & resources	All UKI members	Included (paid for options available)	UK Insurance & Bupa Clinics	 Launched
Bupa Academy (HR & Line Manager training)	SME and Corporate	Included (paid for options available)	UK Insurance	Launched
Inside:Health (employee health awareness campaigns)	All UKI members	Included (paid for options available)	UK Insurance	 Launched

Bupa's Inclusive Health Workplace Services at a glance- New benefits

New Benefits

Benefit	Availability	Cost	Provided by	Launch data
Neurodiversity Benefit Assessment, diagnosis & treatment for Neurodiverse conditions.	Corporate only	Additional cost	UK Insurance	• Pilot until Jan 2024
Period Pathway Access clinical support without the need for a GP referral, when suffering acute period-related conditions. All accessed within the primary care setting.	Corporate only initially	TBC	UK Insurance	• Pilot phase Dec 2022 - May 2023 (plans for scale up Q3 2023)
Menopause Plan Full plan with ongoing support for 12 months.	Corporate only	Additional cost	UK Insurance	• Jan 2023
Men's Mental Health Engagement and support services tailored for men's Mental Health.	All UKI members	TBC	UK Insurance	• 2023



Our roadmap to more inclusive health

We've been on an inclusivity journey for some time now and have made some great strides recently to help you build a more inclusive workplace.



Gender Dysphoria* 2017



Direct Access 2017



Mental Health Advantage 2018



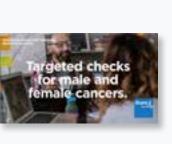
Family Mental HealthLine 2019



Chronic Cover 2020



Bupa Academy 2021



Bupa Health Check 2021



Menopause HealthLine 2021



Neurodiversity resources 2022



Men's Mental Neurodiversity Health Focus benefit

Coming

2024

Assisted Fertility* 2018



Assisted Fertility with optional egg freezing* 2021



Bupa Balance* 2021



Inside Health 2021



Menopause Plan 2021**



Period Plan Nov 2022

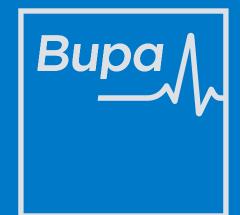


Fertility



^{*} Eligible Corporate schemes

^{**} Launched to a select number of Corporate



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