

Important information. Here's how your Bupa Select health insurance is changing.



We've made some changes to our health insurance, which will apply when your cover renews on or after 1 May 2025.

This is a summary of some of the main changes. Please read it alongside your policy guide, membership certificate and any confirmation of special conditions, together these set out the full terms and conditions of your cover. We've included the relevant sections to make it easy for you to find them in your policy guide.

Bupa digital account

My Bupa is the new name for Bupa Touch. My Bupa provides your own secure online account so you can see your Bupa policy documents and a personalised view of your cover in one place wherever you are.

Visit **bupa.co.uk** to create your account or download the My Bupa app.

Policy guide

Here's how your policy guide has changed.

What isn't covered

Exclusion 26 Speech and language disorders

We've updated this exclusion to be clearer that treatment relating to developmental speech, language and communication difficulties, including stammering, isn't covered.

We've also added a new exception to this exclusion to explain that we cover up to 12 sessions of speech therapy for acute symptoms of glue ear which affect speech development.