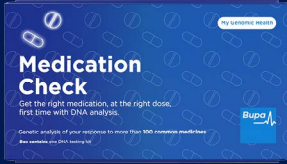


Medication Check

now included with health insurance



Ready to find safer, more effective medicine?

With one simple test, you can start to take control of your long-term health.

A Medication Check is worth £225 – but from 8 June 2026, it's being added to health insurance policies for new and renewing customers at no extra cost.

That's another big reason to be with Bupa.

What is a Medication Check?

It's a powerful at-home DNA test that analyses your unique response to over 100 wide-ranging medicines.

So if you take medicine for a long-term health concern – like pain relief, cardiovascular disease, or your mental health – it could help you find safer, more effective treatment.

That means no more wasted time or money on less efficient prescriptions.

How it works

1. Order using My Bupa

First, log in to the My Bupa app. Bupa will ask you a few questions to make sure the test is right for you.

2. Take the test

Bupa will send you a DNA test kit in the post. After completion, you should return it using the prepaid packaging.

3. Get the results

You'll receive a full report with your results within four weeks.

4. Talk to a GP

If they'd like to talk through their results, your clients can book a digital GP appointment with a Bupa GP.

How it helps

One simple test

A speedy DNA sample is all it takes to unlock the answers in your body. The test is quick and easy to order through the My Bupa app.

Clear results

With a full report of Bupa's findings, you can find a prescription that's truly personal. Plus, if you'd like to talk it all through, access to a digital GP appointment is included.

Included in your cover

Bupa's Medication Check is worth £225, but it's being added to your cover at no extra cost. Because that's the kind of value you deserve.

Speak to your adviser to find out more

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