



Women's Health Academy module

The health and wellbeing of your workforce has never been so important. We've created the Workplace Academy to provide clinical insights and expertise to help organisations define and deliver their wellbeing strategies.

We're here to help you build a more resilient, happier and healthier workplace where everyone can thrive.



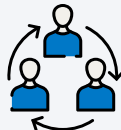
The Academy provides:



Exclusive access to clinical insights on healthcare trends in society and in the workplace.



Expert thinking from leading Bupa clinical and healthcare experts with frontline experience.



Opportunity to collaborate with Bupa clinicians and wellbeing experts to build actionable plans from health awareness campaigns to people policies.

What you can expect from this module

In the past, less focus has been given to women's health issues in the workplace which has led to poorer health outcomes and a lack of progress for women in business and leadership.

25% of women said health affected their opportunities for promotion and 22% said health issues meant they stopped work earlier than they had planned.

With women accounting for 49% of the workforce, its essential organisations recognise the challenges of women's health inequality and understand the vital role that they can play in helping to not only close the gap but disperse damaging taboos and stigmas that often prevent women from seeking help.

As a result, organisations can benefit from a more diverse workforce that will attract and retain top talent, increase productivity, and increase financial returns.

This module will be delivered as a 90-minute live session, hosted by a Bupa clinician and your Bupa account manager who will share:

- Insight into female health related issues and their impact on the workforce
- Expertise on how to identify and support employees facing female health conditions
- An understanding of how to create a more diverse and inclusive workforce where all employees can thrive
- How to normalise conversations and create a more open culture about female health in the workplace

Workplace Academy



1 in 4 women have left jobs as a result of feeling unwell due to the menopause



More than **3.5 million** people in the UK currently experiencing fertility problems, and the majority of them are in employment

89%
of people

89% of people who menstruate have experienced stress or anxiety at work because of their period



40% of women with endometriosis worry about losing their job

