

**Menopause plans.  
Better for business**



# **Helping everyone feel their best at work**

**Menopause Continued Care Plan**

# Ongoing support for a complex issue

Menopause symptoms don't always end after 12 months. So neither should their support plan.

That's why employees can benefit from an additional 12 months' support with our Menopause Continued Care Plan – an annual care package, as often as they need it.

This makes sure they're managing their symptoms well and bringing their best selves to work.



## Menopause Continued Care Plan

- 30-min appointment with an experienced, menopause-trained GP
- Two 15-min follow-up appointments that can be booked when employees need them within 12 months of the annual review
- A repeat prescription within the 12 months
- An onward referral, if they need it
- 12 months' access to our nurse-led Anytime HealthLine

Contact your account manager  
for more information.

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We may record or monitor our calls.