



# The Top

## 'Is It Normal'

### Search Queries

is it normal



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#### We all wonder if we're normal sometimes.

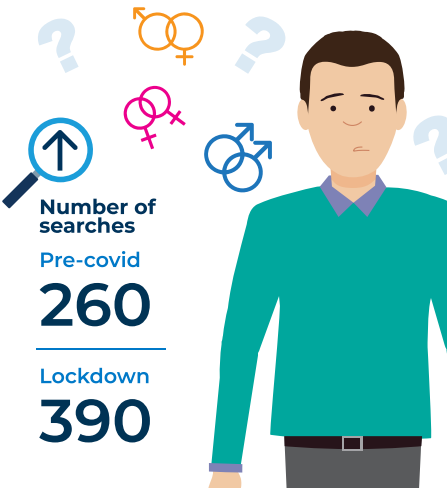
Most of us have had burning personal questions keep us awake at night. So how do we seek answers when we're too embarrassed to ask others? - We Google.

We've taken a look at the top 'is it normal'-type queries related to mental health that were Googled both before and during the lockdown period.

Do you relate to any?

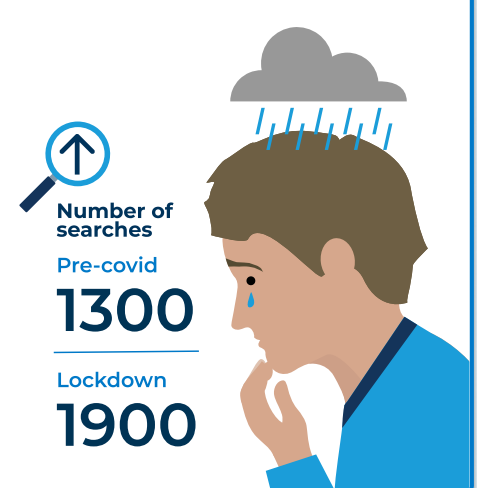
#### Is it normal...

to question your sexuality?



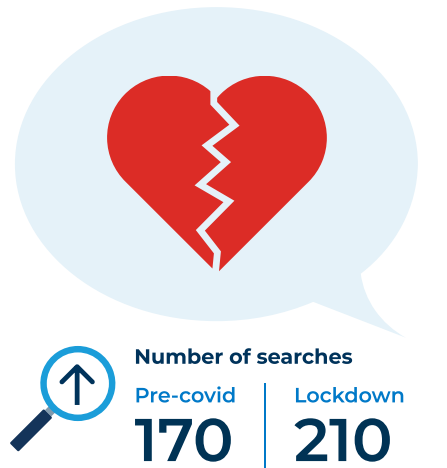
#### Is it normal...

to cry everyday?



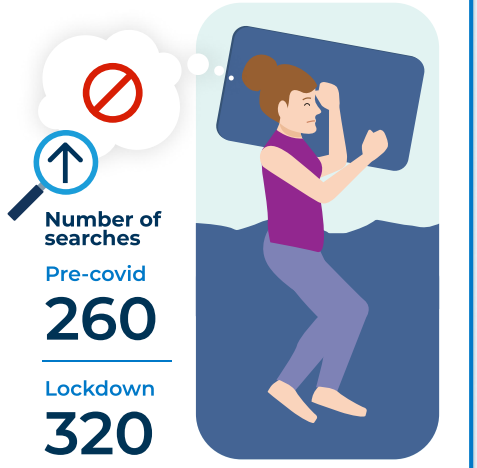
#### Is it normal...

to fall out of love?



#### Is it normal...

not to dream?



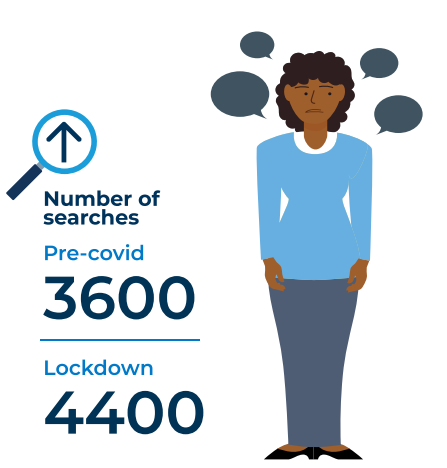
#### Is it normal...

to be jealous?



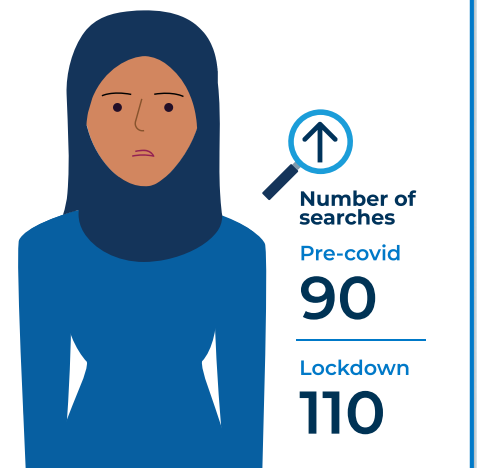
#### Is it normal...

to talk to yourself?



#### Is it normal...

not to cry?



is it normal



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If you're struggling with mental health, seek advice from a professional about your best course of action for getting support.

Nearly three in ten people will experience a mental health problem every year, so you're not alone.

#### Sources

Google Keyword Planner

[https://ads.google.com/intl/en\\_uk/home/tools/keyword-planner/](https://ads.google.com/intl/en_uk/home/tools/keyword-planner/)

Answer the Public

<https://answerthepublic.com/>