Checking your mole

Speak to your GP if you notice any of these changes. They may be harmless, but sometimes they can be a sign of a type of skin cancer called melanoma.

Asymmetry Does one half look different to the other?

Border Are the edges uneven and jagged?

Colour Are there a mixture of different shades in the mole?

Diameter Is the mole more

than 6mm across?

Evolution

Has the mole changed in shape or colour?









