

Bupa dental insurance.



# A Bupa Dental Care Practice gives you more

It's easy to make the most of your cover at our dental practices. With over 360 Bupa-owned practices and 2,500 dental professionals across the UK, you're never far away from convenient, expert care.

## Benefits that'll make you smile

You have the freedom to see any dentist you like. But choosing a Bupa Dental Care practice just makes sense.

### Instant Claim



We'll settle your claim instantly at most of our practices - up to your policy benefit allowances.\*

### Exclusive discounts



Get up to 20% off routine treatments, plus big discounts on Invisalign and children's dental exams at participating practices.\*\*

## Trusted expertise

We continually invest in our practices to bring you easy access to the very best dental care.

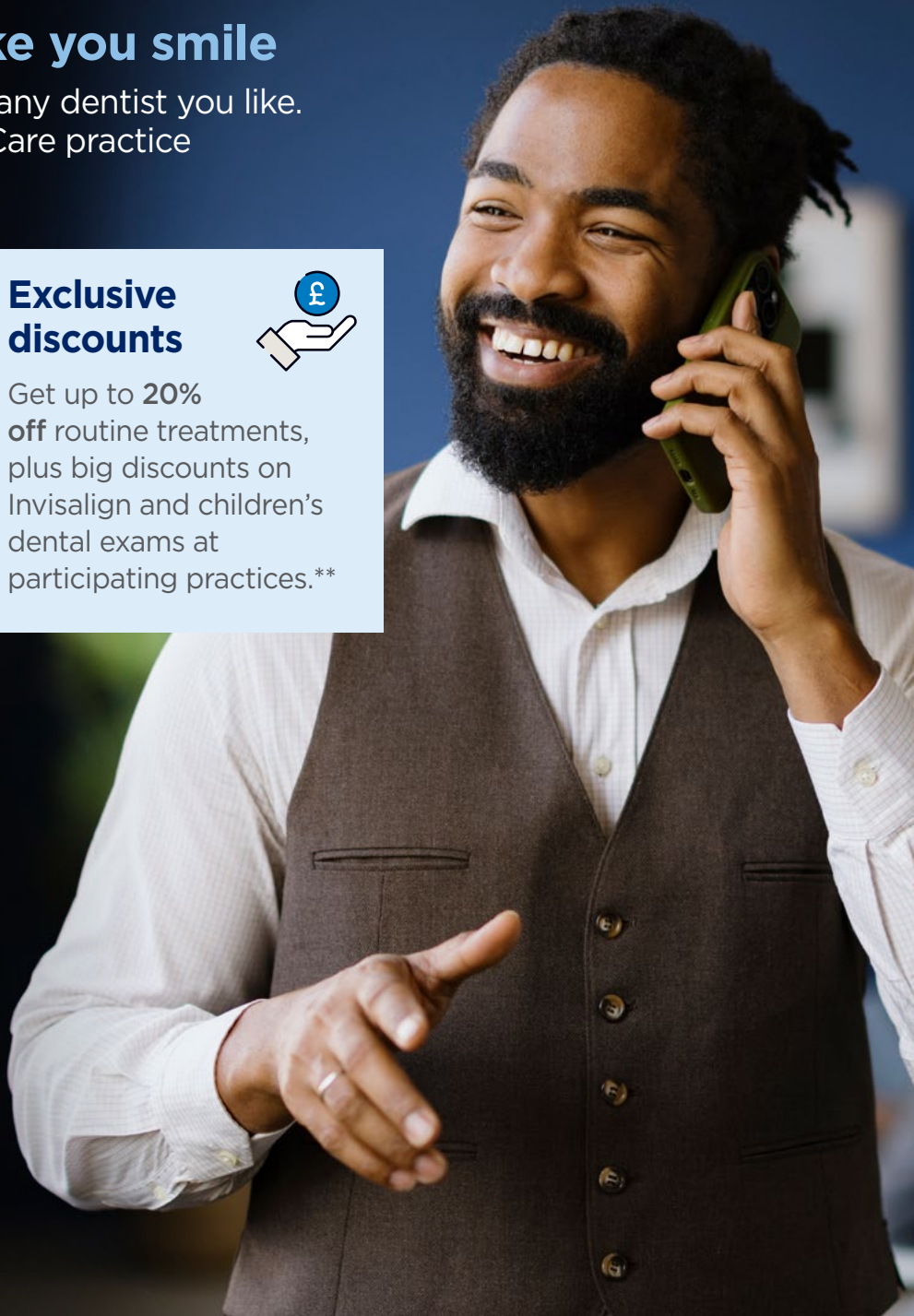
That's why we're rated **Excellent** on Trustpilot.

Bupa Dental Care is rated **Excellent**

Based on 22,177 reviews



★ Trustpilot





## Check-ups and cleans, all included

If you have a **Dental Plan** policy, you'll pay nothing extra for your preventative treatments – only at Bupa Dental Care practices and subject to availability.

If you have a **Dental Choice** policy, you'll pay nothing extra for a new patient exam – only at Bupa Dental Care practices and subject to availability.

Check your membership guide to see what policy you have and what you're covered for.



**Free new patient exam<sup>^</sup>**



**Routine check-ups<sup>†</sup>**



**Scale and polishes**

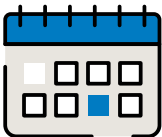
## Oral Healthline

Your go-to for dental advice and treatment queries. From second opinions to emergencies, or support to understand a treatment plan, our team is here to help.

Call us on

**0808 159 0526**

between 9.30am and 5pm, Monday to Friday.



## Book your next check-up

It's easy to get booked in. Just search Bupa Dental Care to discover your local practice.

Visit [bupa.co.uk/dental/dental-care](https://bupa.co.uk/dental/dental-care)

For more information visit

[bupa.co.uk/dental/dental-care/practices](https://bupa.co.uk/dental/dental-care/practices)

<sup>\*</sup>Selected Bupa Dental Insurance Network practices forward claims and are agents of Bupa Insurance Limited. Dental injury treatment and oral cancer claims can't be processed by the dental practice. You'll need to complete and submit a claim form for dental injury claims, which can be done through your digital account or by post. You can download a claim form from [bupa.co.uk/dental/dental-insurance/make-claim](https://bupa.co.uk/dental/dental-insurance/make-claim) or call on 0800 237 777. We may record and monitor our calls.

<sup>\*\*</sup>You must inform the dentist you have Bupa dental insurance and give them your membership number before your appointment to benefit from this offer. 10% or 20% discounts are available depending on the practice and the dentist you're seeing. To find the selected Bupa owned and approved centres where this offer is available go to [finder.bupa.co.uk](https://finder.bupa.co.uk) and search the Bupa Dental Insurance Network. The discount doesn't include laboratory fees or specialist treatment, and can't be used against NHS and Bupa Dental Essentials services or in conjunction with any other discount.

<sup>^</sup>If your dentist needs to take small x-rays (bitewing or periapical) as part of your new patient examination, these are also included at no additional cost. Only available on Dental Plan policies and Dental Choice policies with start dates after 1 January 2026 – check what you're covered for in your documents on My Bupa.

<sup>†</sup>Routine dental examinations are fully covered, so you won't need to pay anything extra at the appointment for the examination. For any clinically necessary x-rays and scans taken as part of the routine check-up, these will be covered up to the benefit allowance. Only available to those customers on Dental Plan Policy – check what you're covered for in your documents on My Bupa.

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