

Bupa Family Mental HealthLine. We're listening

For employees with Bupa health cover

If a parent or carer is worried about their child's mental wellbeing, support is just a phone call away. They can speak to a trained adviser or mental health nurse, who'll listen and give advice on what to do next.
It doesn't count as a claim, we're just here to help.

Available Monday to Friday 8am to 6pm

0345 266 7938

Calls may be recorded and to maintain the quality of our service we may monitor some calls, always respecting the confidentiality of the call.

Better for business

Bupa

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