



Well Health

Targeted Cancer Screening

**Fast, convenient ways to monitor
common cancer symptoms.**

Bupa 

Reassured workforce. Check Better outcomes. Check Fewer days off. Check

Our Targeted Cancer Screening is for those without symptoms who are worried they may be at risk of the condition. Cancer screening tests look for signs of cancer before symptoms appear. Spotting them early can make treatment easier and increase the chances of successful treatment.

Where our Targeted Cancer Screening is included as a benefit, your employees will be able to attend a Bupa Health Centre once each benefit year, as part of their out-patient allowance. They won't need a GP referral. They must be aged 18 years or over to use this benefit.



Early detection

It's a fact that this can improve management of a condition and lead to better outcomes, which means access to specific health checks that can help with early detection will be good news to your employees.



Extra reassurance

Up to 30 minutes with a Bupa doctor to talk through concerns. They'll be able to reassure and offer advice on next steps, if needed. If employees need further treatment following their health check that is eligible on their health scheme, they can call us to authorise this.



Designed for convenience

Health centres are located in clinics across the UK, with some offering convenient early morning, afternoon and in certain locations, weekend appointments – minimising interruption to working hours.



Better for business

Being in better health can also help reduce absenteeism and health anxiety. So adding Targeted Cancer Screening to your cover could have a positive effect on your business too.

Health checks included in your screening



Suitable for:

Those aged 18 and over†



Doctor time

Up to 30 minutes

Cervical health

Get a picture of your current cervical health and discuss any potential concerns with a GP.

- ✓ Full consultation including medical history review related to cervical cancer
- ✓ Cervical examination* if clinically indicated
- ✓ Test for human papilloma virus (HPV) for those aged 25 and over^
- ✓ Onward referral during the appointment or upon receipt of any test results, if needed

Prostate health

Advice on the signs and symptoms of prostate cancer, plus a PSA blood test and examination if needed.

- ✓ Review of medical history relating to prostate cancer
- ✓ PSA – Prostate cancer screening blood test. Aged 50+*
- ✓ Prostate examination*
- ✓ Onward referral during the appointment or once the PSA results are in, if needed

Breast health

Get a picture of your current breast health and discuss any potential concerns with a GP.

- ✓ Full consultation including medical history review related to breast cancer
- ✓ Breast examination* if clinically indicated
- ✓ Onward referral during the appointment or upon receipt of any test results, if needed

Testicular health

Advice on the signs and symptoms of testicular cancer and examination if needed.

- ✓ Review of medical history relating to testicular cancer
- ✓ Testicular examination*

Bowel health

We'll screen for any bowel cancer symptoms with a stool test (qFIT). (For those aged 45 and over)

- ✓ Full consultation, including a medical history review relating to bowel cancer
- ✓ Onward referral during the appointment or once any results are in, if needed

Add ons

- ✓ Mammography: Aged 40+
- ✓ Colon CT (Computerized Tomography) 45+

†HPV/Smear tests are not clinically recommended for those under 25. Under 25's can discuss their concerns with a doctor who will advise on best next steps if there are medical concerns about this.

*Examinations and tests may only be provided if considered clinically appropriate by the doctor, depending on risk factors and medical history. Any results will be communicated securely by phone, letter or email within 14 days.

^Smear (examination of the cervical cells under a microscope) will be carried out if HPV virus is present, in line with NHS guidelines for best practice.

Real people. Real action

Being proactive when it comes to health and wellbeing means a better chance of spotting an issue early, before it becomes a bigger problem. This is especially important without common symptoms being present. The following are real customer journeys. We've just changed their names to respect their privacy.

Alex was referred for further tests when an issue was found during a prostate examination as part of his Targeted Cancer Screening. Within two weeks, Alex had access to a consultation with a specialist and tests to provide him with a diagnosis. Alex has since had access to Bupa's Mental Health services to support him.



Natalie was referred for additional tests when breast and cervical issues were found during her Targeted Cancer Screening. She received a same-day biopsy for a cervical issue and attended an ultrasound ten days later.

For the breast issue, Natalie received a consultation and a biopsy within three days. She then received an ultrasound scan the following week which led to a diagnosis.

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