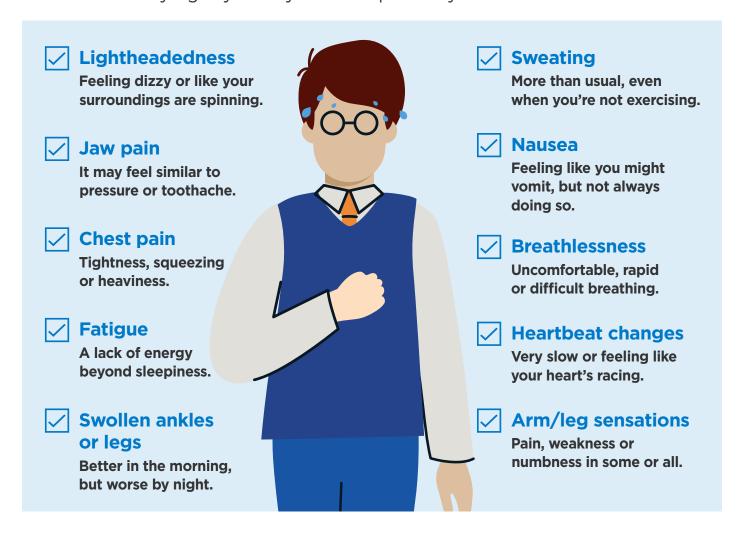
Heart disease: Knowing the early warning signs.



Unfortunately, some people only notice there's a problem when experiencing a heart attack or stroke, or if they're diagnosed with high blood pressure. Here are some of the early signs you may need to speak to your GP about.



Remember

- These symptoms can be caused by lots of other things too, so it's always best to speak to a GP.
- Call 999 if you have intense chest pain, shortness of breath or more noticeable heart beats that are making you feel dizzy.